

WELCOME

Americans are worried about grocery prices again, and they're making changes

UPDATED AUG 8, 2025 ▾

By  [Nathaniel Meyersohn](#)

Grocery prices have jumped up, and there's no relief in sight

SEPTEMBER 19, 2025 · 5:30 AM ET

The cost of groceries in America rockets

Food-price inflation is nearly three times higher than pre-pandemic forecasts

BREAKING | BUSINESS

Almost 90% Of Americans Are Worried About The Cost Of Groceries

By [Mary Whitfill Roeloffs](#), Forbes Staff. Mary Roeloffs is a Forbes breaking... ▾

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U.S. NEWS

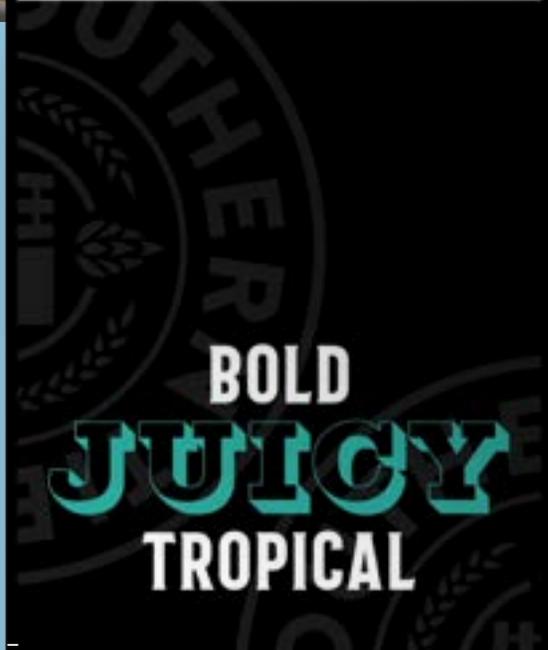
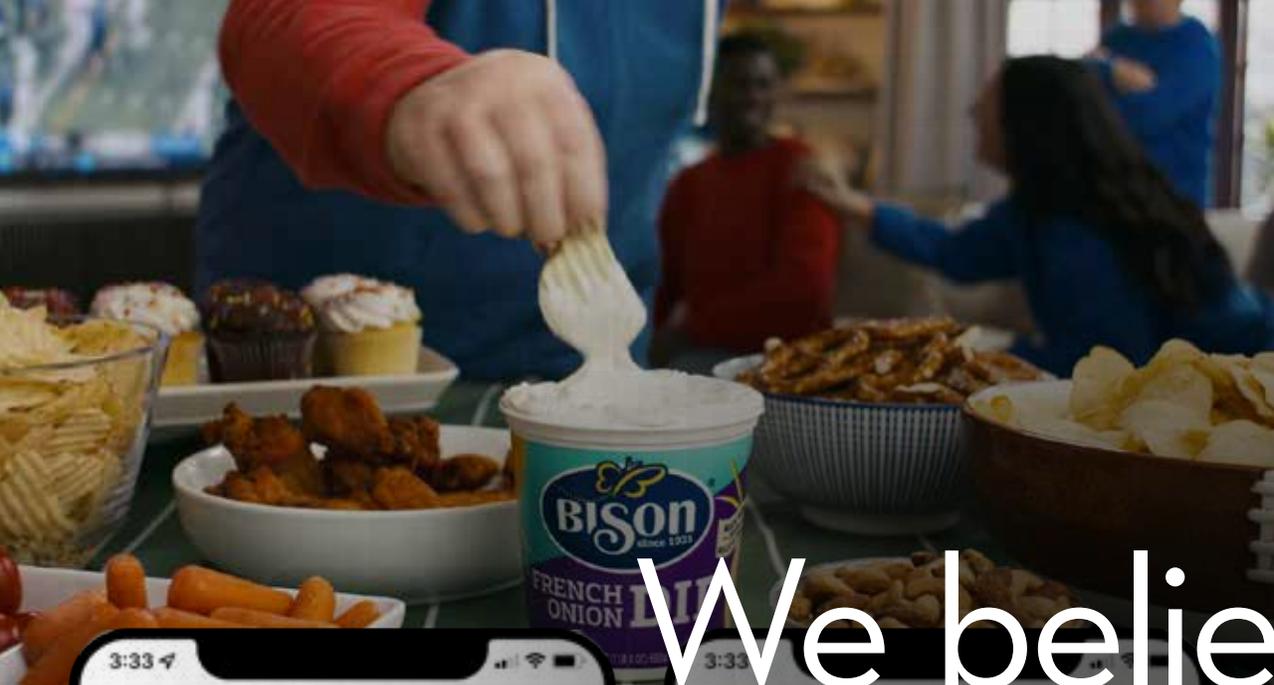
The vast majority of US adults are stressed about grocery costs, an AP-NORC poll finds

9 in 10 Americans Are Changing How They Shop for Groceries to Save Money – Even High Earners

Budget pressures are pushing shoppers to cut treats, switch brands, and rethink where they shop.

By [Nicolette Baker](#) Published on April 26, 2025

We believe in the power of brands.



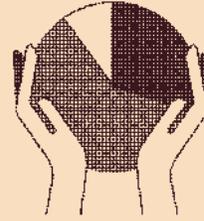
DATALIVE 2.0 2025



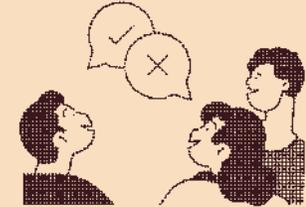
<p>Nutrition Facts</p> <p>Serving Size 1 Tablespoon (15mL)</p> <p>Calories 45</p> <p>% Daily Value*</p> <p>Total Fat 1g 2%</p> <p>Sodium 100mg 20%</p> <p>Total Carbohydrate 10g 20%</p> <p>Sugars 5g 10%</p> <p>Protein 1g 2%</p> <p><small>*Percent Daily Values are based on a diet of various people's favorite foods.</small></p>	<p>TRY IT ON</p> <p>burgers • hot dogs • tacos salad • meatloaf • chips barbecue • vegetables charcuterie boards • eggs bruschetta • sandwiches • rice</p> <p>Sadie's MILD RELISH MADE WITH CABBAGE</p> <p>NET WT 5OZ (141g)</p>	<p>RELISH EVERYTHING</p> <p>There are a thousand ways to eat SADIE'S RELISH because it's more than just a condiment - it's the MAIN EVENT. Filled to the brim with the HIGHEST QUALITY PRODUCE, each jar packs a MOUTHWATERING PUNCH that will inspire you to RELISH EVERYTHING.</p> <p>• VEGAN • ALL NATURAL • MADE IN NY</p> <p><small>REFRIGERATE AFTER OPENING</small></p>
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<p>Nutrition Facts</p> <p>Serving Size 1 Tablespoon (15mL)</p> <p>Calories 60</p> <p>% Daily Value*</p> <p>Total Fat 1g 2%</p> <p>Sodium 100mg 20%</p> <p>Total Carbohydrate 10g 20%</p> <p>Sugars 5g 10%</p> <p>Protein 1g 2%</p> <p><small>*Percent Daily Values are based on a diet of various people's favorite foods.</small></p>	<p>TRY IT ON</p> <p>burgers • hot dogs • tacos salad • meatloaf • chips barbecue • vegetables charcuterie boards • eggs bruschetta • sandwiches • rice</p> <p>Sadie's HOT RELISH WITH A KICK! MADE WITH CABBAGE</p> <p>NET WT 5OZ (141g)</p>	<p>RELISH EVERYTHING</p> <p>There are a thousand ways to eat SADIE'S RELISH because it's more than just a condiment - it's the MAIN EVENT. Filled to the brim with the HIGHEST QUALITY PRODUCE, each jar packs a MOUTHWATERING PUNCH that will inspire you to RELISH EVERYTHING.</p> <p>• VEGAN • ALL NATURAL • MADE IN NY</p> <p><small>REFRIGERATE AFTER OPENING</small></p>
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And believe
in the **power**
of data.



QUANTITATIVE
RESEARCH



FOCUS
GROUPS



IDIIs



SOCIAL
LISTENING



SYNDICATED
RESEARCH



PROPRIETARY
CONSUMER PANEL



CONSUMER
PORTAL

1.7K⁺

PARTICIPANTS

sample.
CONSUMER PANEL



CONSUMER
INSIGHTS



NATIONWIDE



PRIMARY
RESEARCH



BEYOND
SECURE



QUALITY
ASSURANCE

INTRODUCING

dat **Alive** 
FOOD AND BEVERAGE

**WHAT DRIVES
SWITCHING?**

**ARE STORE BRANDS
A THREAT?**

**WILL
THEY PAY
MORE?**

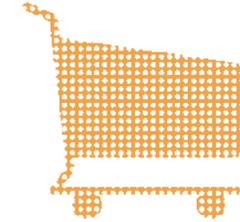
**HOW CAN WE
WIN THEM OVER?**

FOODTOK???

10-minute survey. JUNE/JULY '25

400

RESPONDENTS
AGED 18+



AT LEAST
SOMEWHAT INVOLVED
IN GROCERY SHOPPING

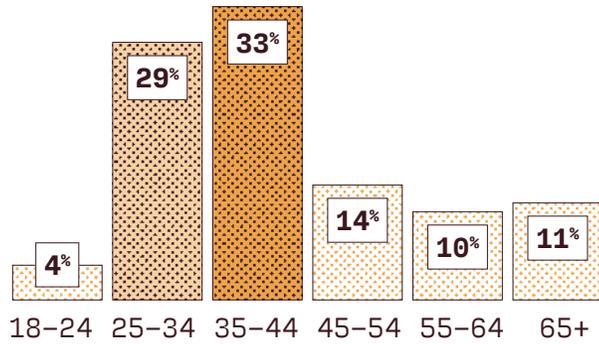
95%

CONFIDENCE
WITH +/-5%
ERROR RATE

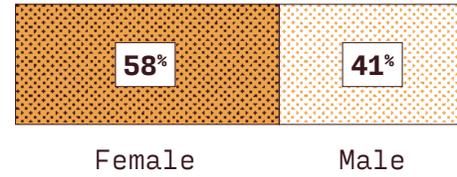


NEW YORK
STATE

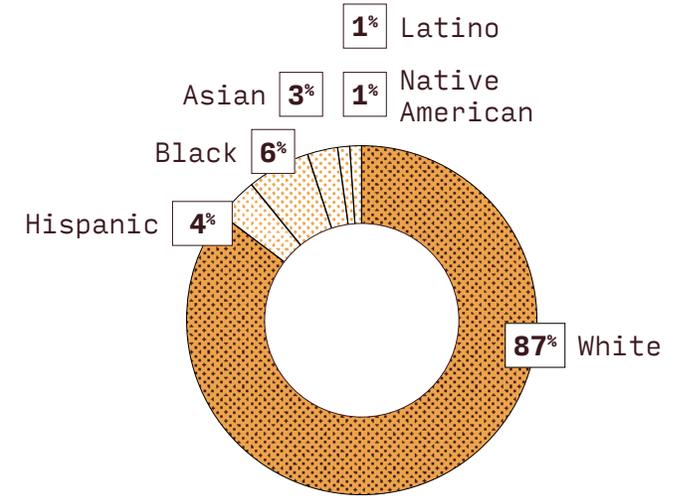
Our shoppers.



Age

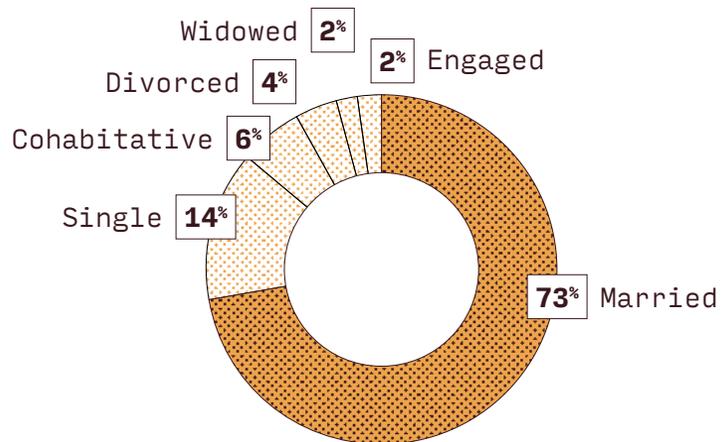


Gender

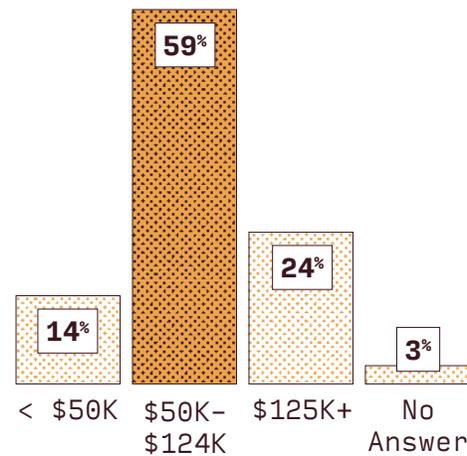


Race

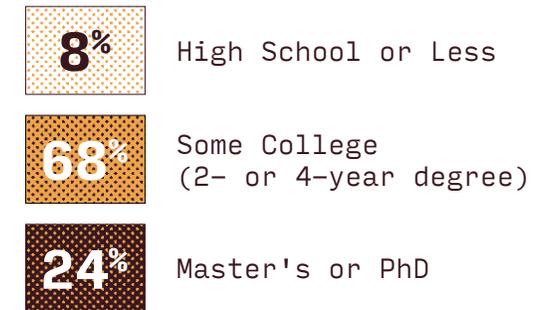
Marital Status



Household Income



Education

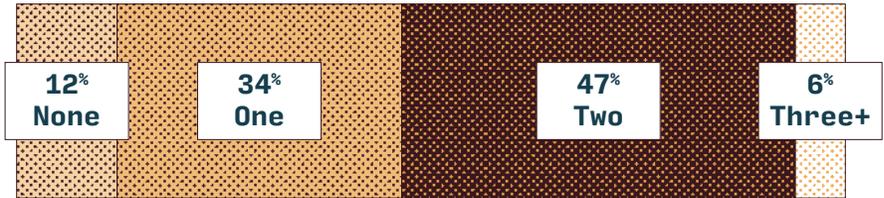


Purchasing for the **family**.

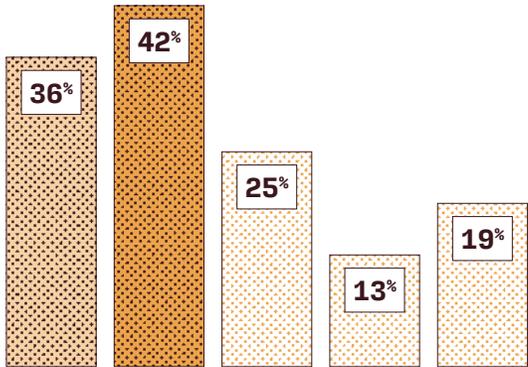
Children



Have Children



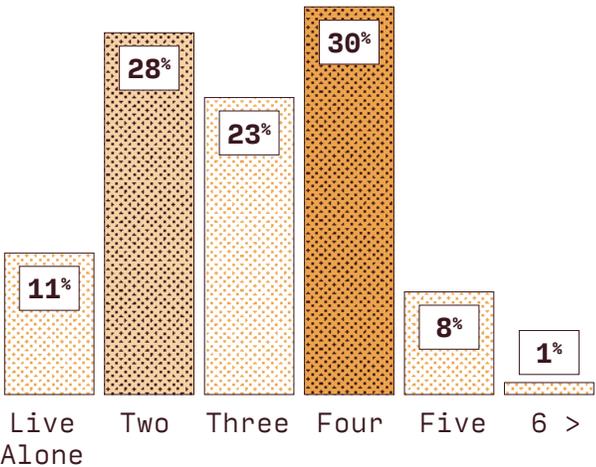
Number in House



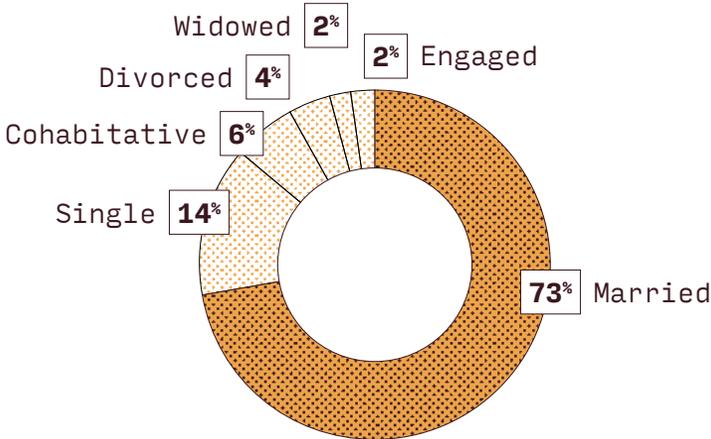
Age

Age

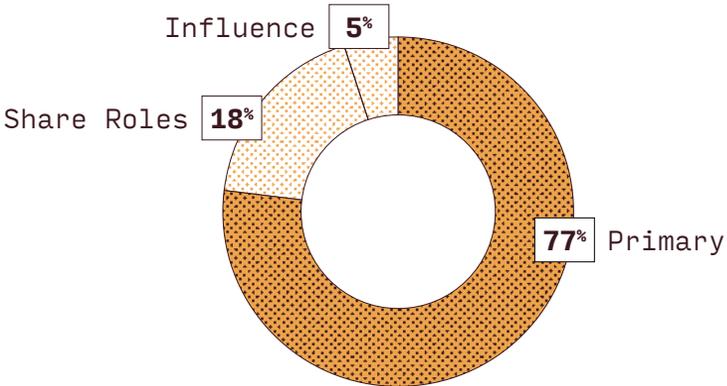
Household Size



Marital Status



Shopping Role



Where's the register ringing?



SHALL WE DINE?



UNPACKING

Brand loyalty lives in
unexpected spaces.

LOYALTY.

OUR HYPOTHESIS.



INFLATION AND ECONOMIC
UNCERTAINTY HAVE
PRICE CONSCIOUSNESS RISING.

OUR HYPOTHESIS.



SO SHOPPERS WILL PRIORITIZE
BRAND NAMES FOR SPECIAL
OCCASIONS AND PURCHASE
EVERYDAY ITEMS BASED ON PRICE.

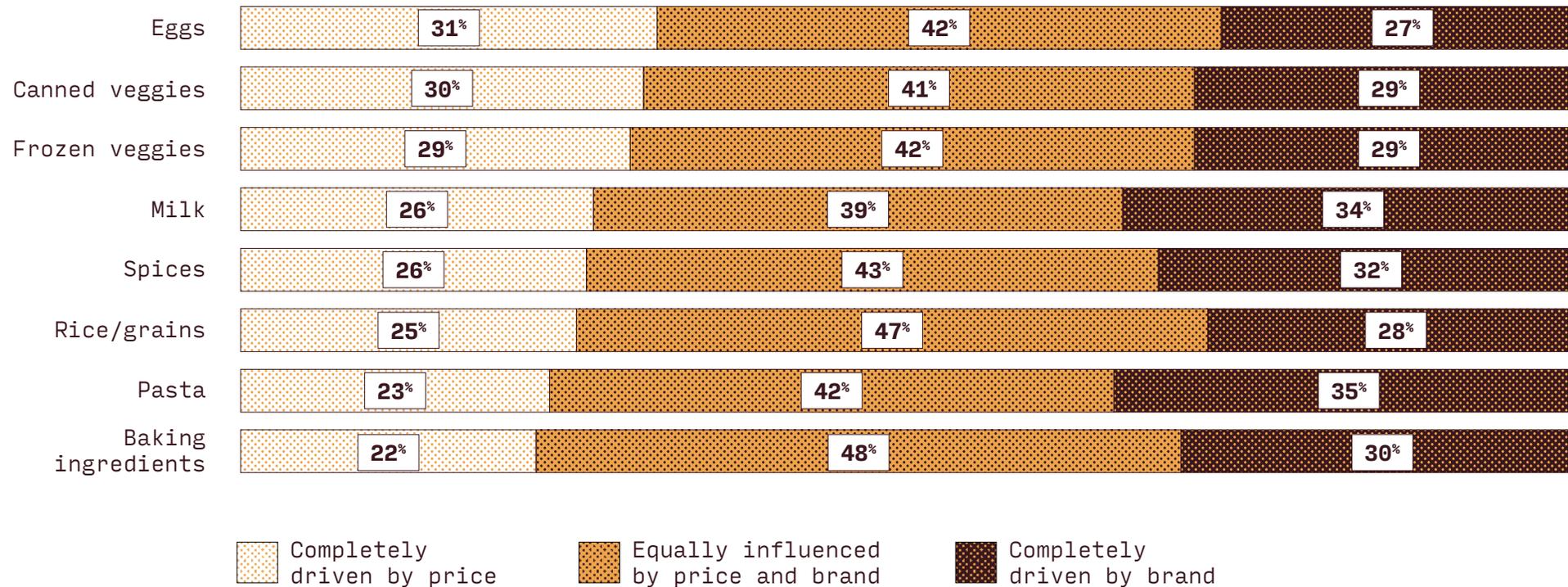
THE REALITY.

YES,
PRICE CONSCIOUSNESS
IS RISING.

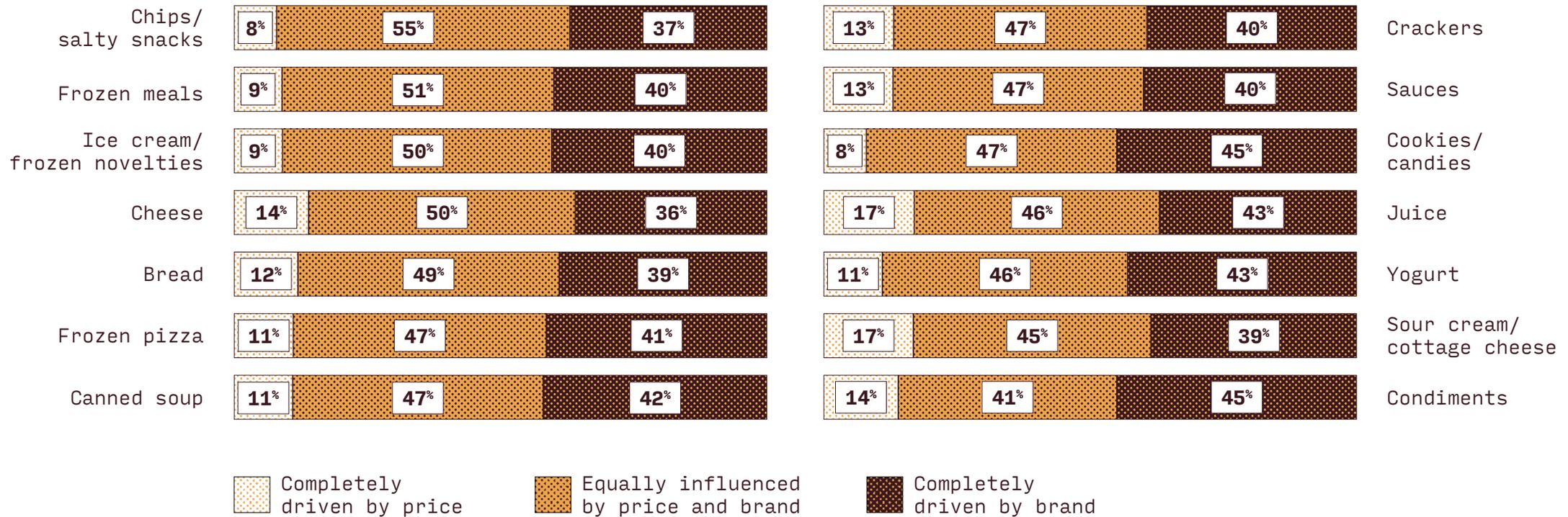
Price Consciousness



But, brand still carries more weight than price across almost all grocery categories.



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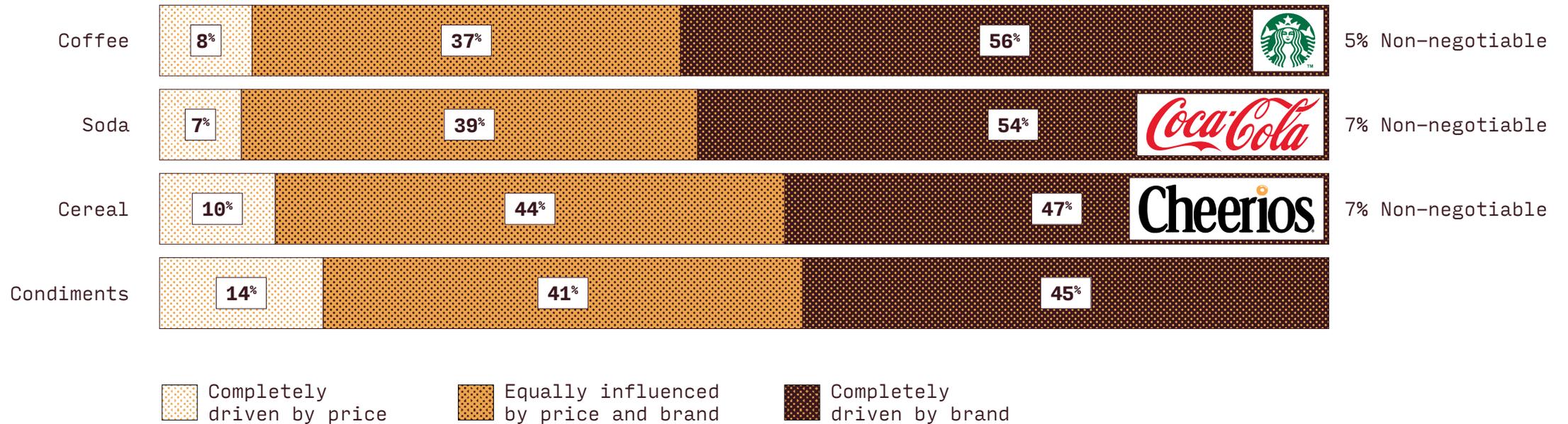


THE BIG **WOW**?



Brand preference is
ESPECIALLY notable in everyday items.

Shoppers are most loyal to brands in everyday categories like coffee, soda, cereal, and condiments.





Suggests shoppers don't want to have to analyze every choice they make. Once they know and love a brand, auto-purchase is activated.

What gets them to this point of loyalty?

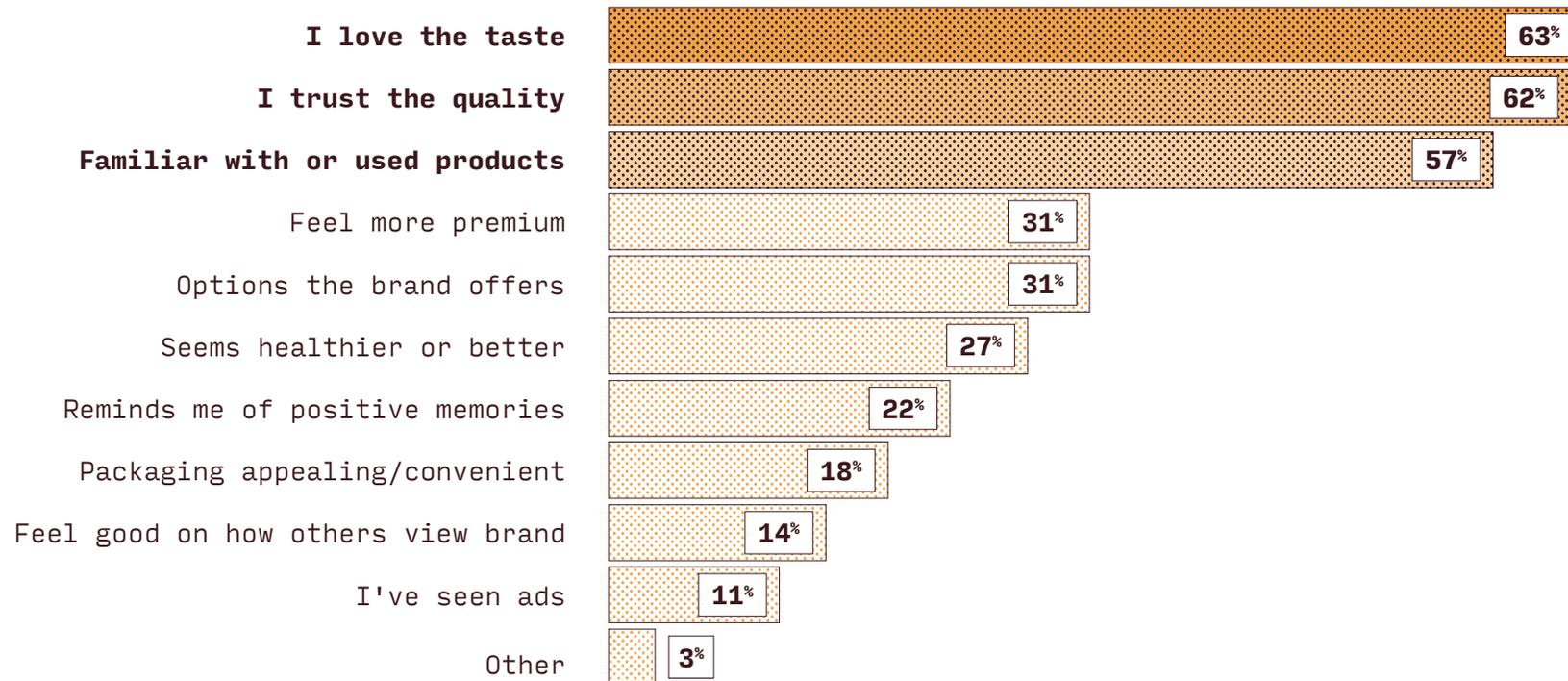
The background is a dark collage. On the left, there's a stylized architectural structure with a large orange Nike swoosh. In the center, a BMW logo is visible. On the right, there's a circular illustration of a classical figure's head, possibly a deity or philosopher, surrounded by green foliage. The text "AMERICAN EXPRESS" is partially visible at the top right.

Branding in the grocery space is so **nuanced** compared with other categories.

So, what does “**brand**” even mean when it comes to grocery items?

First, let's unpack the drivers behind name brand purchasing.

Reasons for Buying Brands



Why are these aspects so
important to shoppers?

"I try to look for consistency. I am price conscious, but I also want the food to taste the same from occasion to occasion."

Why are these aspects so **important** to shoppers?

"I try to look for consistency. I am price conscious, but I also want the food to taste the same from occasion to occasion."

"Nutrition facts and reliability are ultimately what makes me decide on a product."

Why are these aspects so **important** to shoppers?

"I try to look for consistency. I am price conscious, but I also want the food to taste the same from occasion to occasion."

"Nutrition facts and reliability are ultimately what makes me decide on a product."

Why are these aspects so **important** to shoppers?

"Name brands have something that sets their quality apart from other options."

Brand stands for an
EXPECTATION of a certain
taste, texture, quality,
or nutritional value.

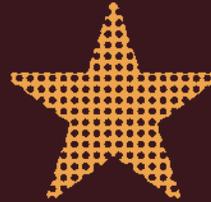


WHAT DOES THIS MEAN FOR BRAND MANAGERS?

A brand trying to gain loyalty?



Taste



Trust in
quality



Familiarity

The top three drivers for brand choice all suggest that the shopper has had experience with the brand.

**SO, HELP
THEM EXPERIENCE
YOUR BRAND!**

A young girl and a young boy are shown from the chest up, holding KIND bars. The girl on the left is looking down at her bar, while the boy on the right is looking towards the camera. They are both smiling. The background is a warm, textured wall. The text is overlaid in the center of the image.

**Get your product in their hands
in a positive - and shareable - way.**



A brand that already has **loyalty**?

Don't get **lazy**!

Maintain product quality, and **innovate** when necessary.



A brand that already has **loyalty**?

Remind consumers why they **love you** and **build community**.



amazon Shipt

DON'T GIVE SHOPPERS A REASON TO GO ELSEWHERE.

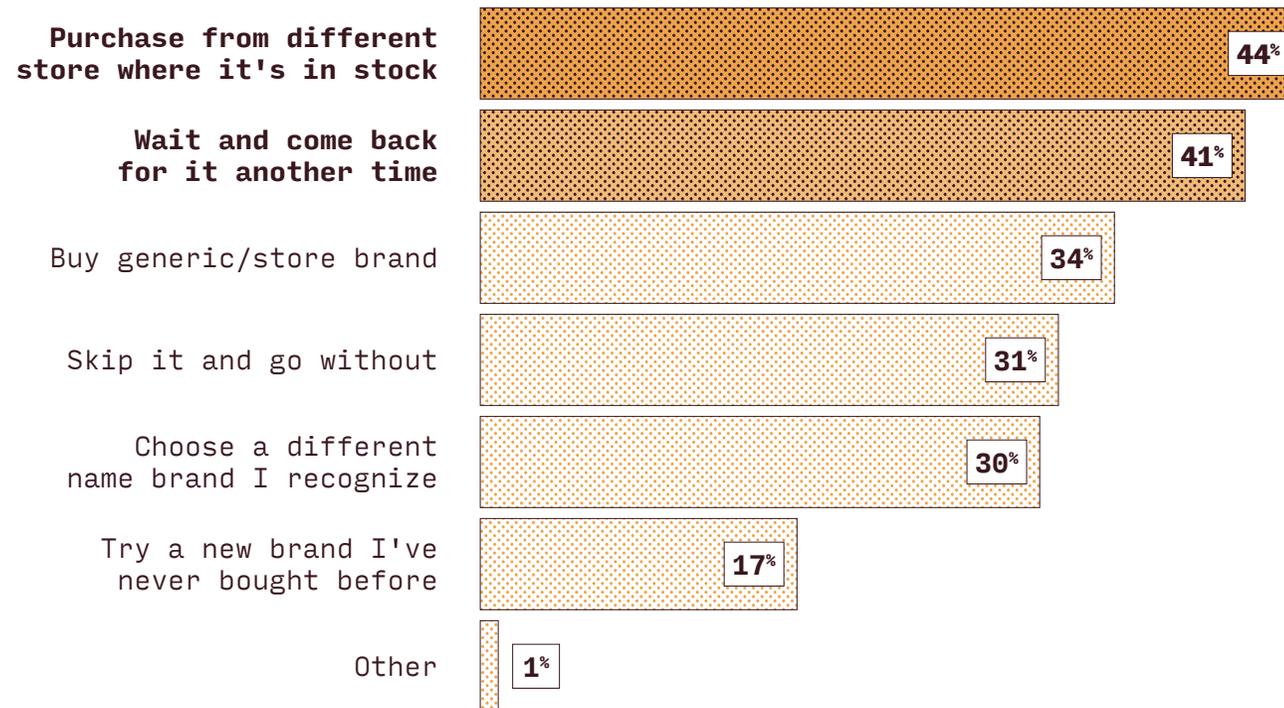
↓ instacart

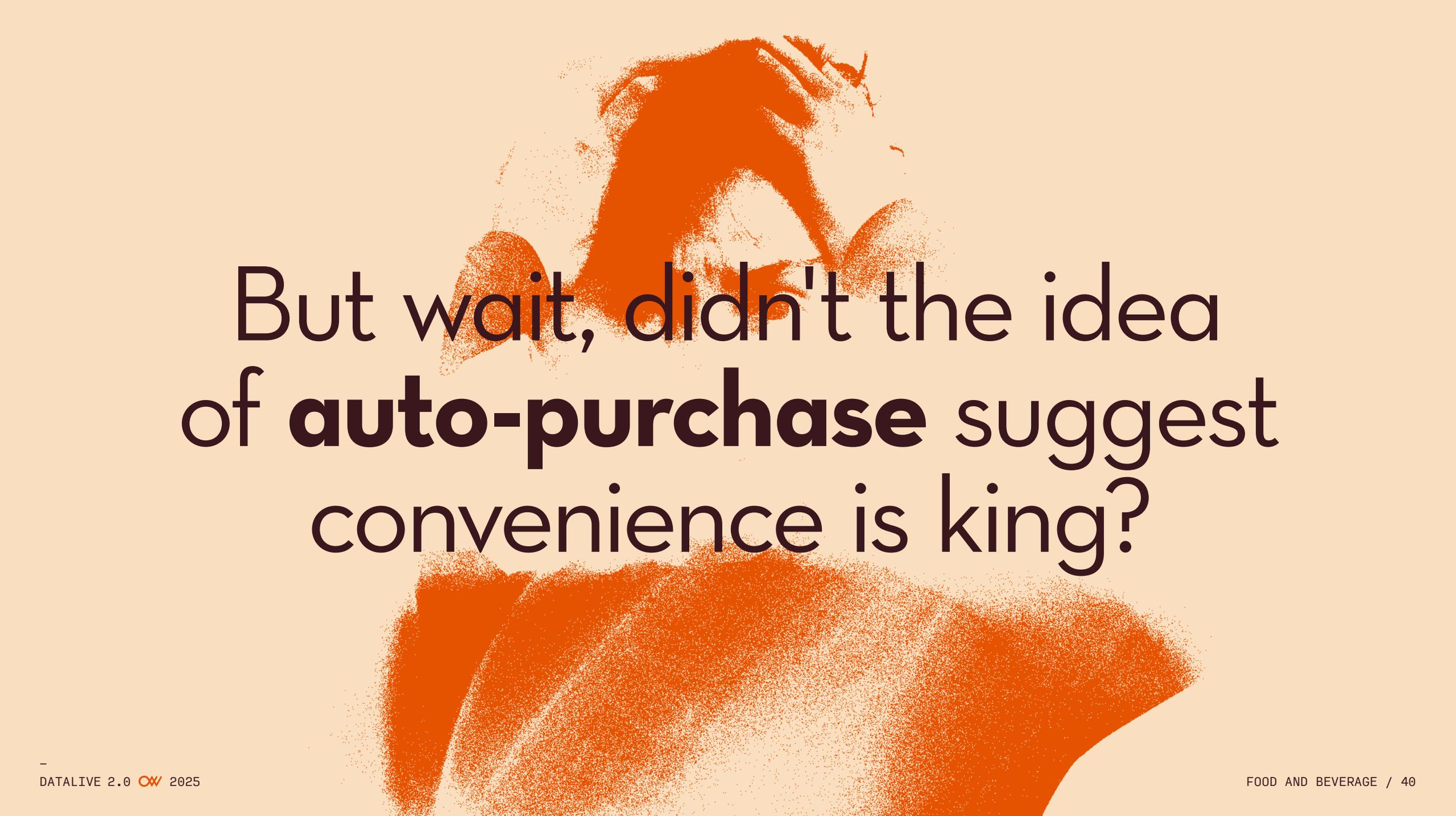


SPEAKING OF SUBSTITUTING!

Shoppers go the distance for brands they love.

When Brand Is Unavailable





But wait, didn't the idea
of **auto-purchase** suggest
convenience is king?



Yet shoppers are **more likely** to go to another store or wait for a brand they love vs. buying a generic or alt brand?



**SEEMS
BONKERS.**

SEEMS

But it likely comes back to **price consciousness** at the end of the day.

BONKERS.

SEEMS

“I’d rather **buy brand names I trust** and save money by not having to throw it out.”

BONKERS.

A hand holding a crumpled US dollar bill against a dark background. The bill is heavily wrinkled and appears to be in a state of disrepair, symbolizing a hidden cost or a loss of value.

**THERE'S A
HIDDEN COST
TO TRYING
SOMETHING NEW.**

THE FINANCIAL COST.



NEW PRODUCT \$ + TRUSTED PRODUCT \$
= MORE MONEY IN THE LONG RUN

THE TIME COST.



LOOKING FOR SOMETHING NEW
+ TRYING SOMETHING NEW
+ GOING BACK FOR OLD FAITHFUL

THE HAPPINESS COST.



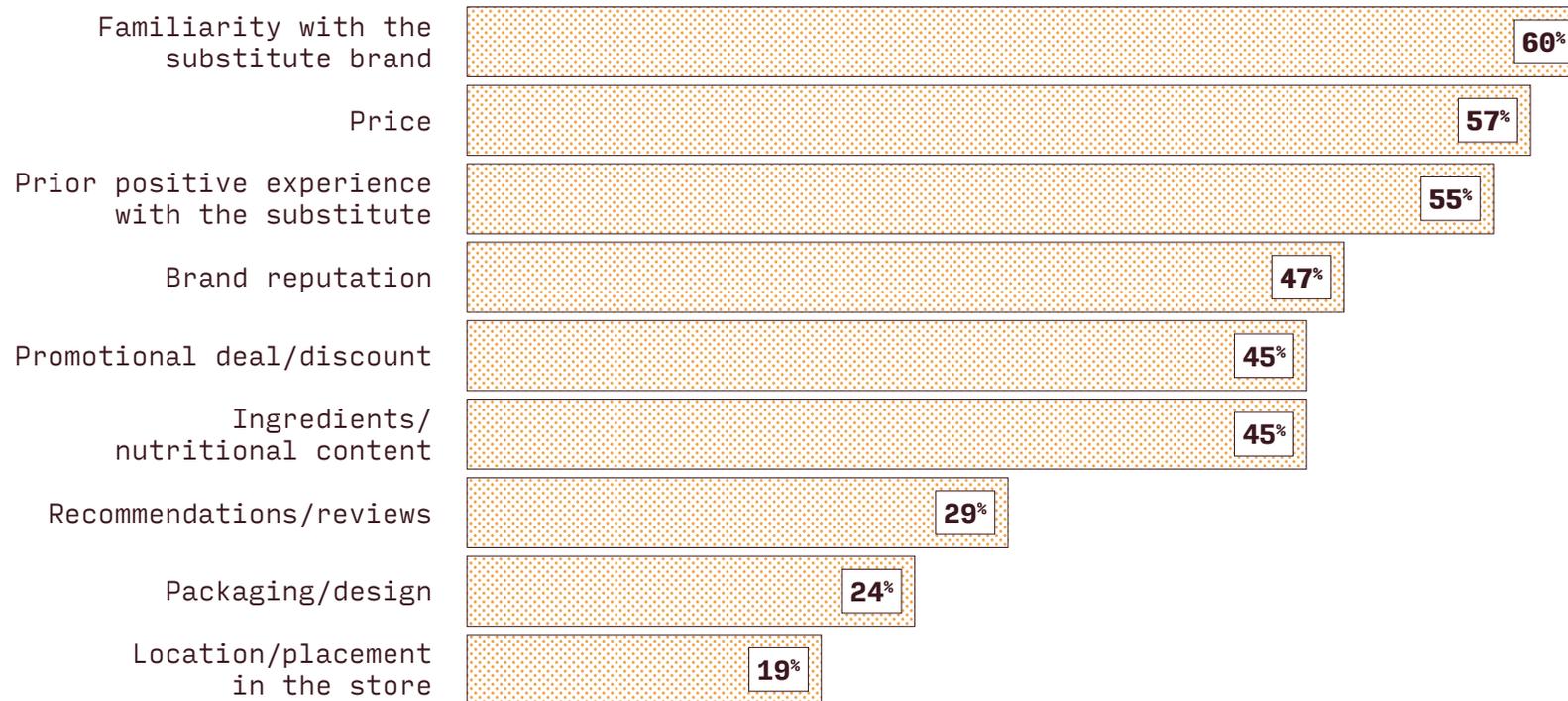
WASTED MONEY AND TIME >
INITIAL COST SAVINGS



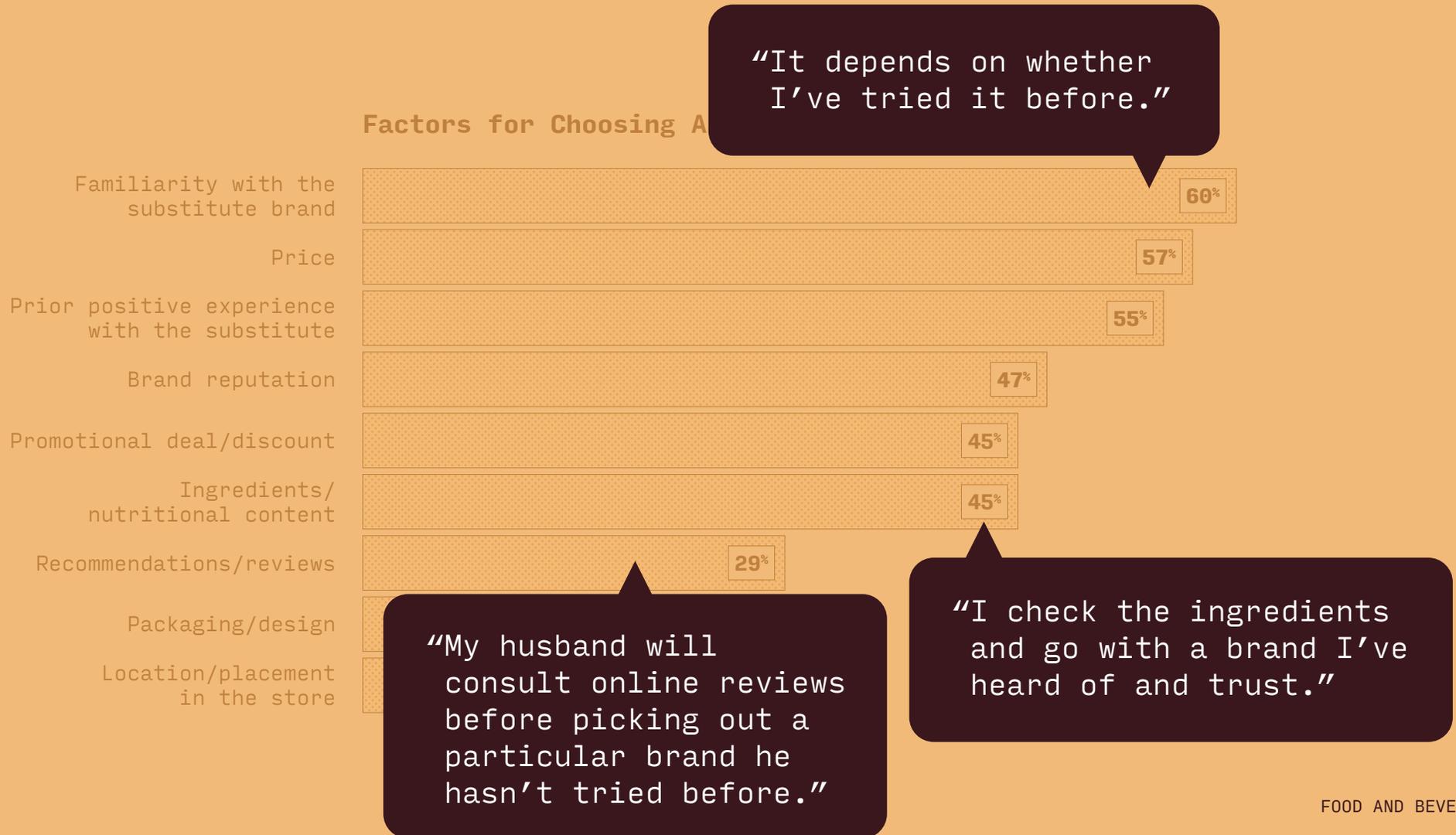
Challenger brands,
how can you convince
a shopper to substitute?

Data shows choices **are multifaceted.**

Factors for Choosing Alternative



Data shows choices are multifaceted.



To win at the shelf,
look for ways your packaging can
appeal to brand loyalist desires.





BODYARMOR

Their data suggested

59%

of consumers **always**
read the ingredients/
nutrition facts



BODYARMOR

Complete rebrand with a packaging overhaul going for Gatorade loyalists.

Bottle design updates based on data and differentiators:

- Flavor front and center**
- Real fruit imagery**
- Nutrition claims on front of bottle, not the back**

**SOMETIMES,
THE SUBSTITUTION
WINNER IS THE
STORE BRAND.**



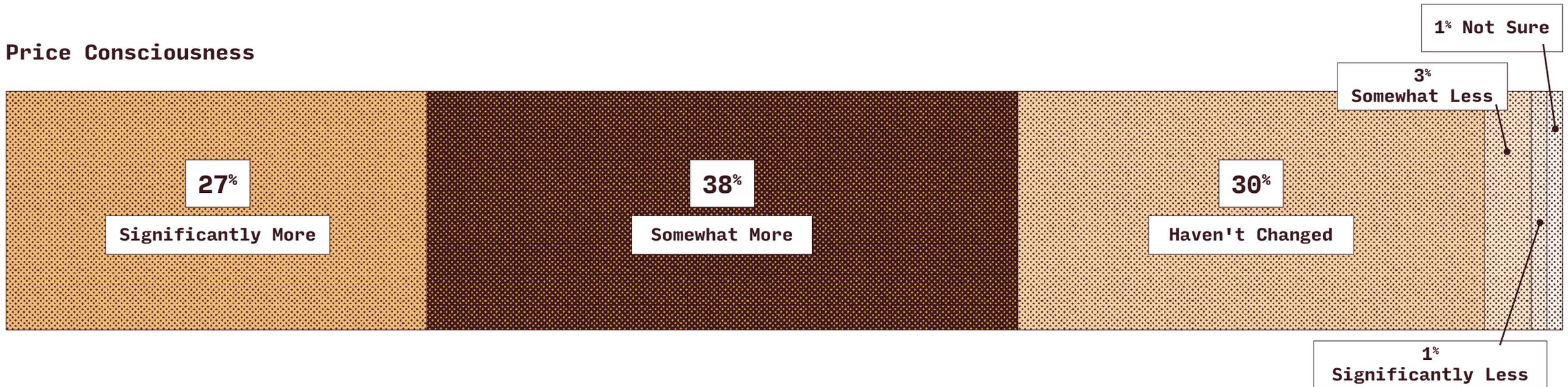
SO, WHAT'S THE HYPE?

Let's revisit **price consciousness**.

This opens the door for value-driven brands. **Especially private labels.**

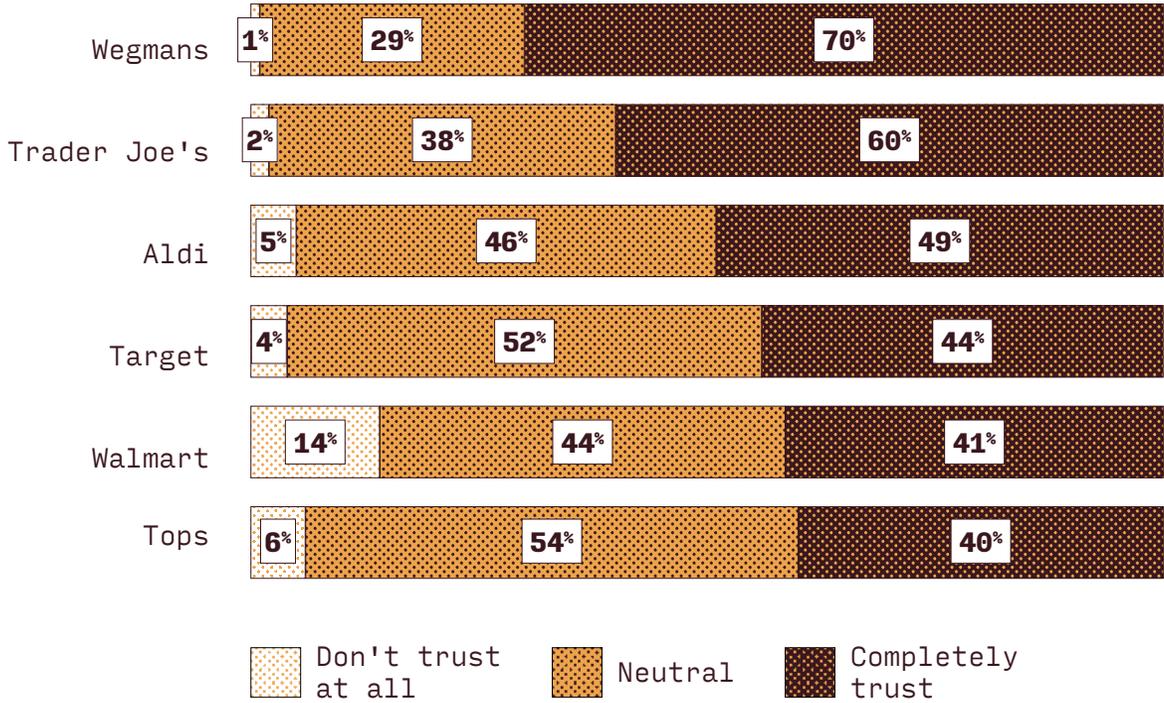
But of course, even here, **store brand matters.**

Price Consciousness

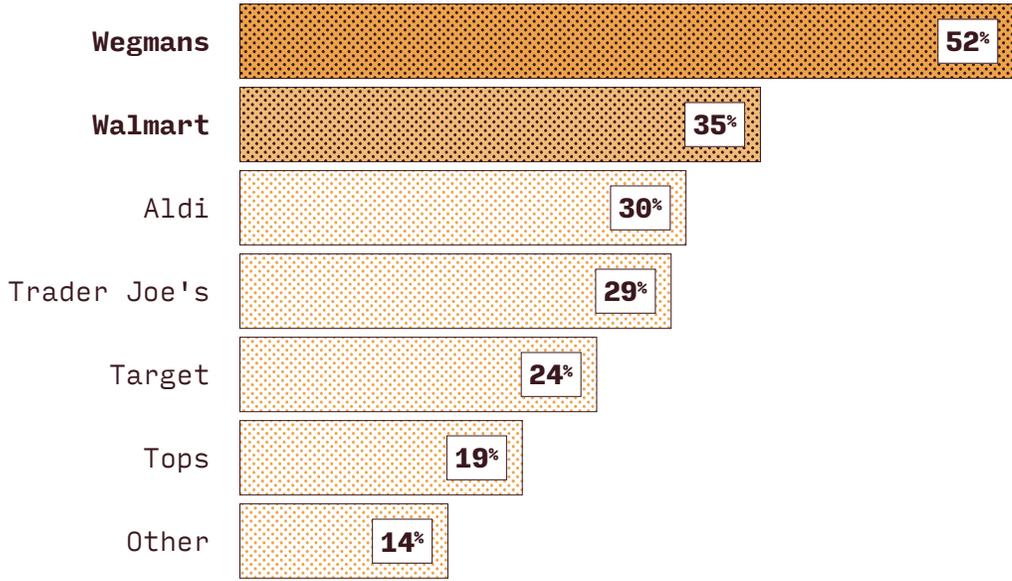


Store brand trust, a nuanced tale.

Store Brand Trust

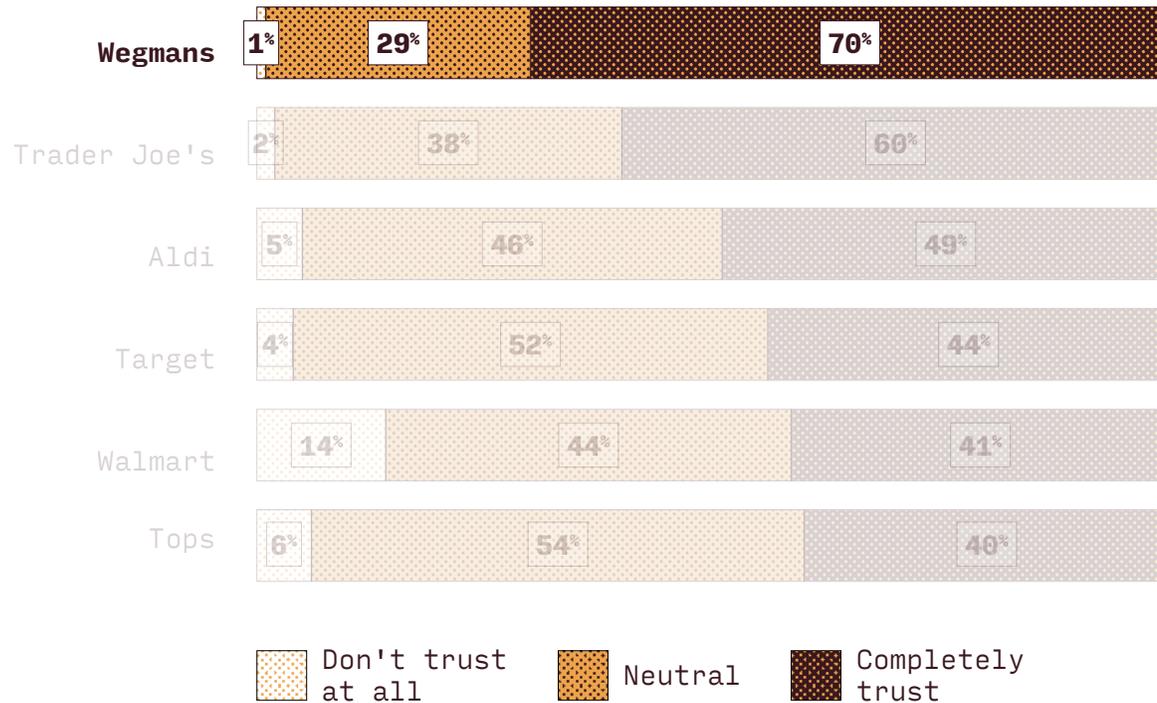


Seeking Out Store Brand



Wegmans has massive consumer trust and preference.

Store Brand Trust

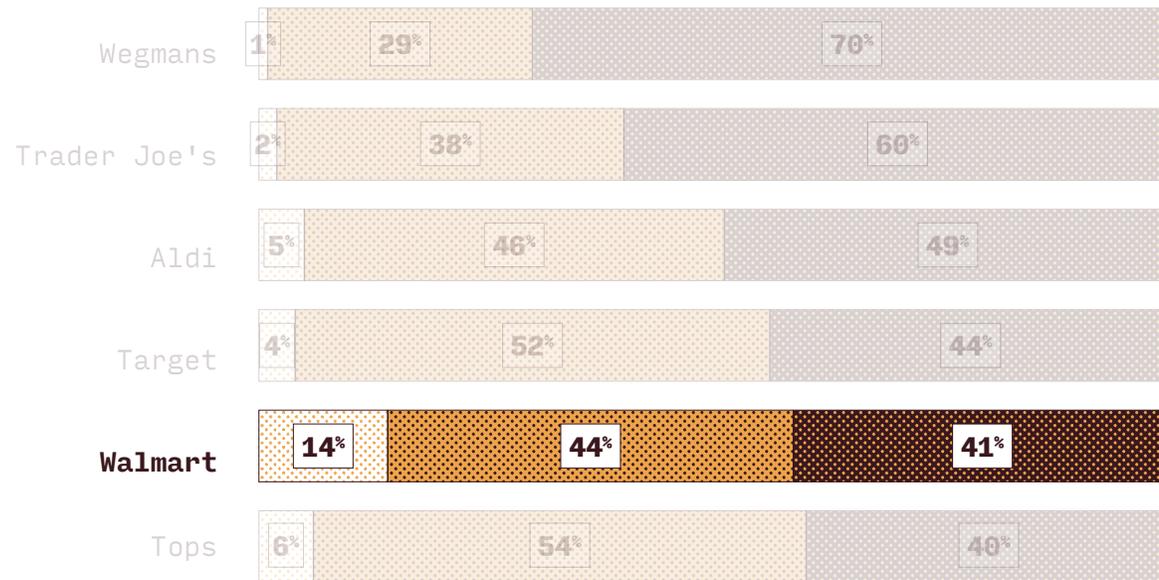


Seeking Out Store Brand



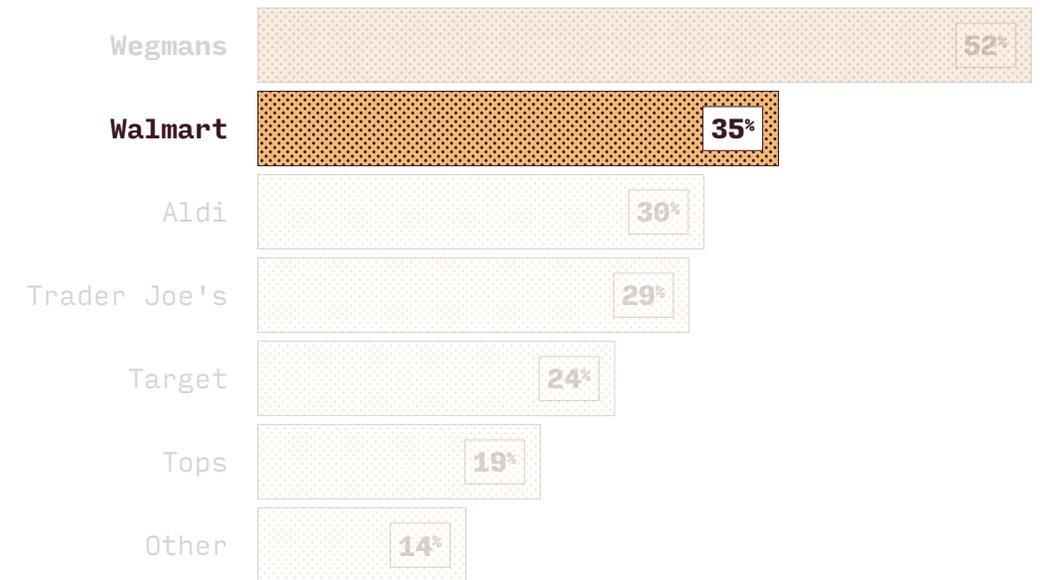
Meanwhile, **Walmart** stands out as a polarizing chain.

Store Brand Trust



Don't trust at all
 Neutral
 Completely trust

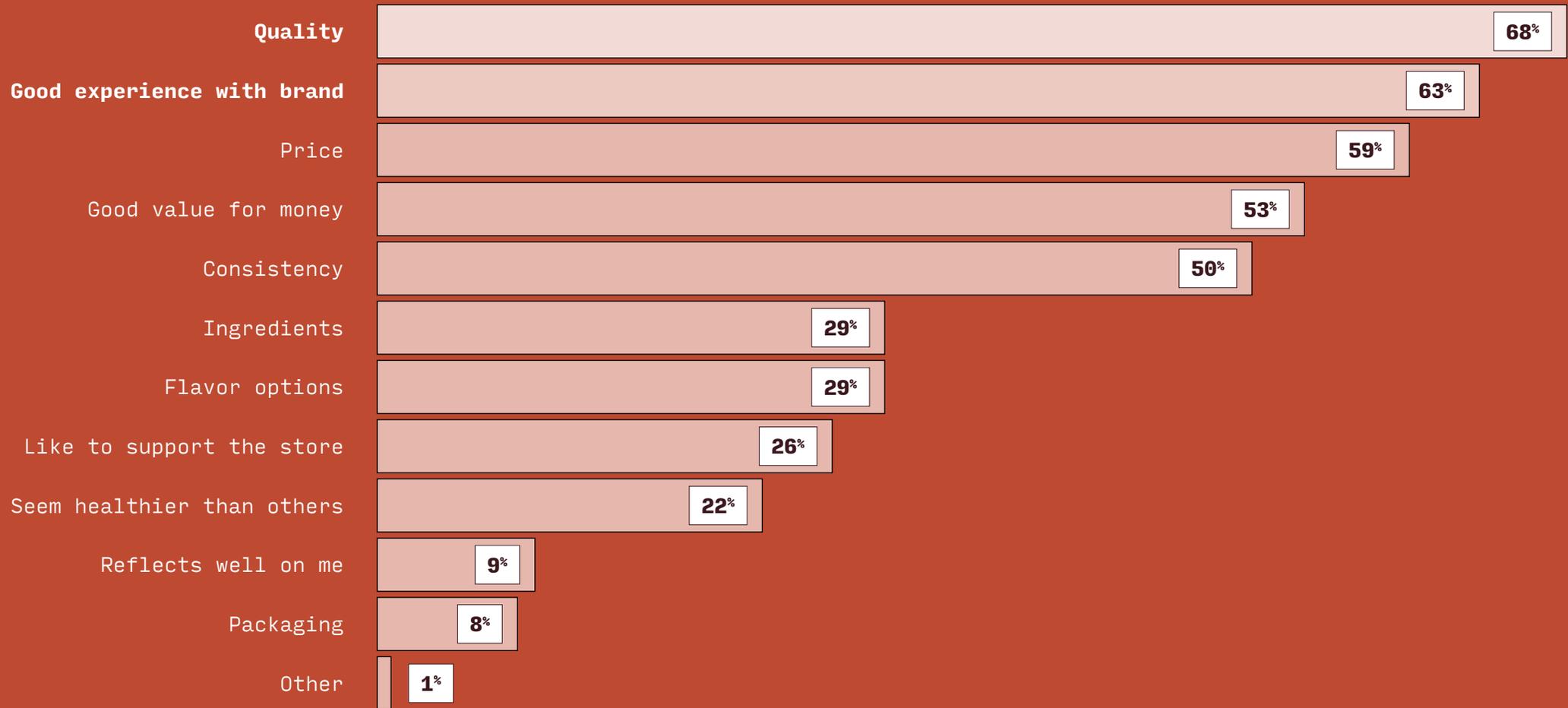
Seeking Out Store Brand



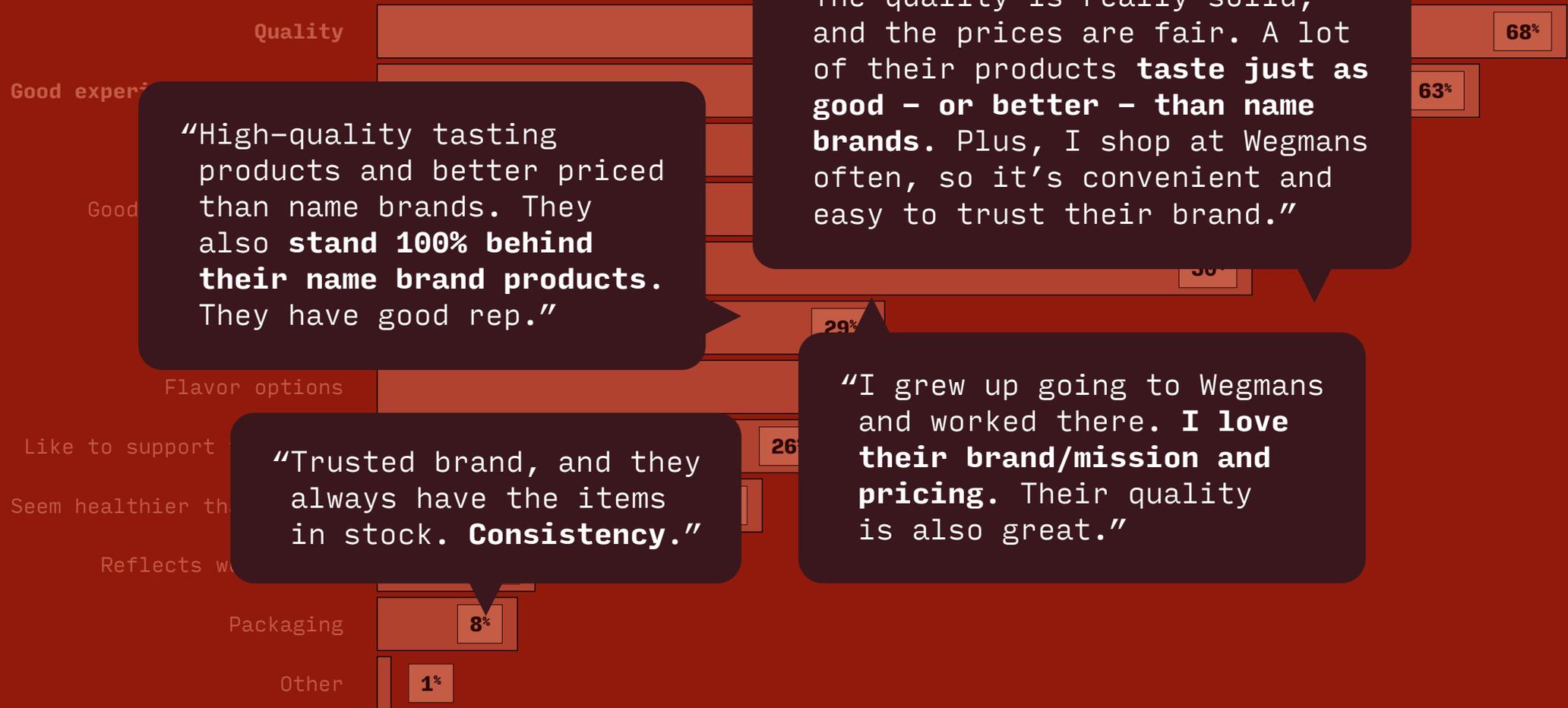


A TALE OF TWO SHOPPERS

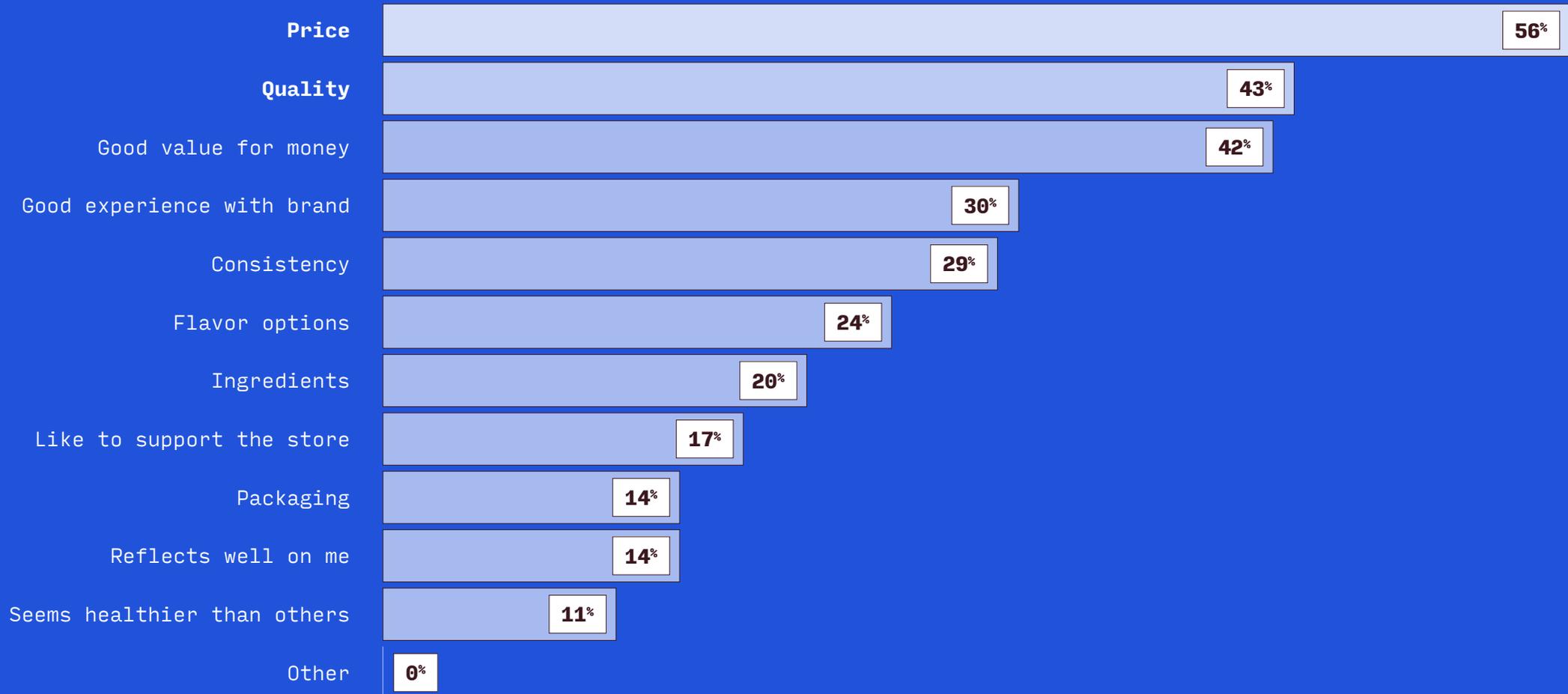
Wegmans



Wegmans



Walmart



Walmart

"It's usually cheaper and honestly just as good for a lot of things. I've used **Great Value for basics like pasta or canned goods, and it's never let me down.** No reason to pay more when it does the job."

"I buy Great Value because it's **budget-friendly**, usually **tastes the same as name brands**, and **helps me save money** on everyday staples without sacrificing quality."

56%

"Because Walmart's Great Value is just that, a **great value.**"

"Walmart store brands are **usually significantly cheaper** than national brands for nearly identical products."

20%

11%

0%

What do these retailer insights mean for marketers?

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 **Know your audience**

What do these retailer insights mean for marketers?

- ✓ **Know your audience**
- ✓ **Know THEIR audience**

What do these retailer insights mean for marketers?

- ✓ **Know your audience**
- ✓ **Know THEIR audience**
- ✓ **Understand how your brand fits in that intersection**

BAY[®]

SEASONING[®]

For Seafood,
Poultry, Salads,
Meats

*Same great taste
for over 70 years*

NET WT 6 OZ 170 g

**DOUBLING
DOWN ON
LOYALTY.**

OLD



CRABS



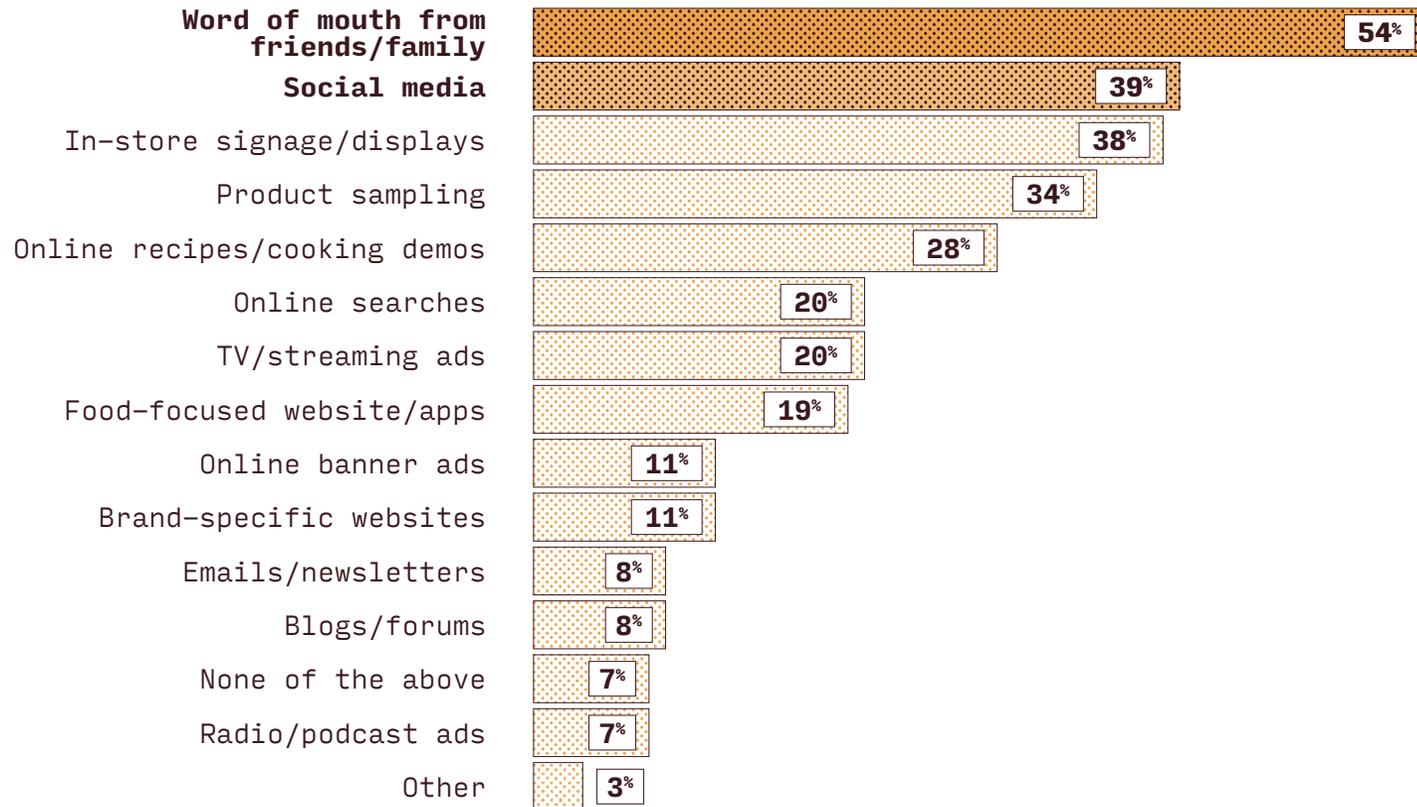
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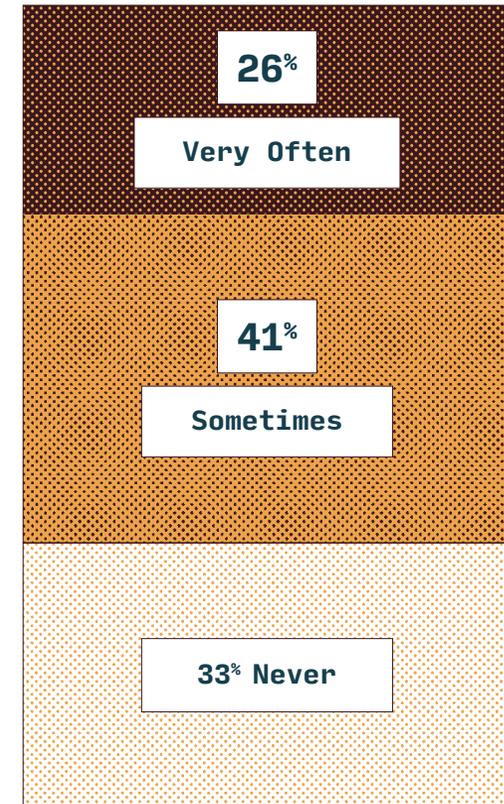
CHICKEN

The power of people.

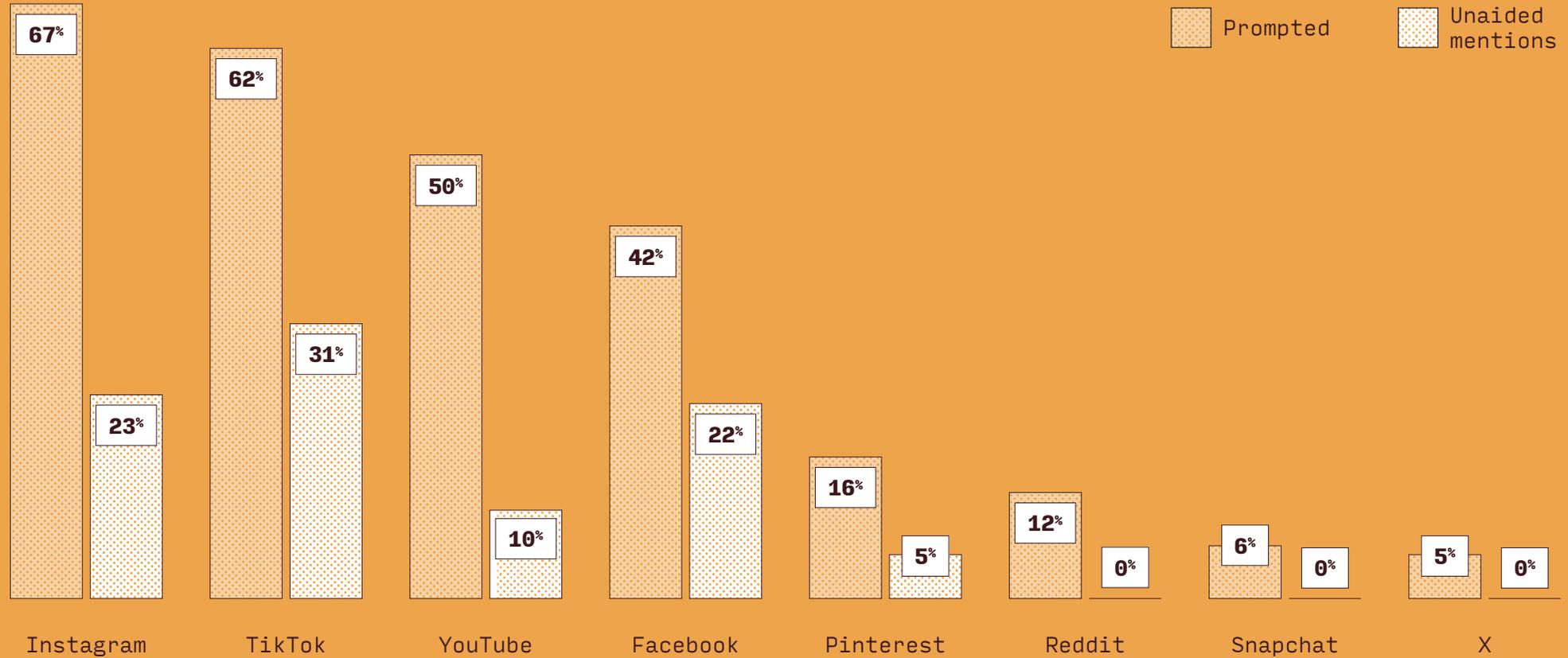
Influential Content



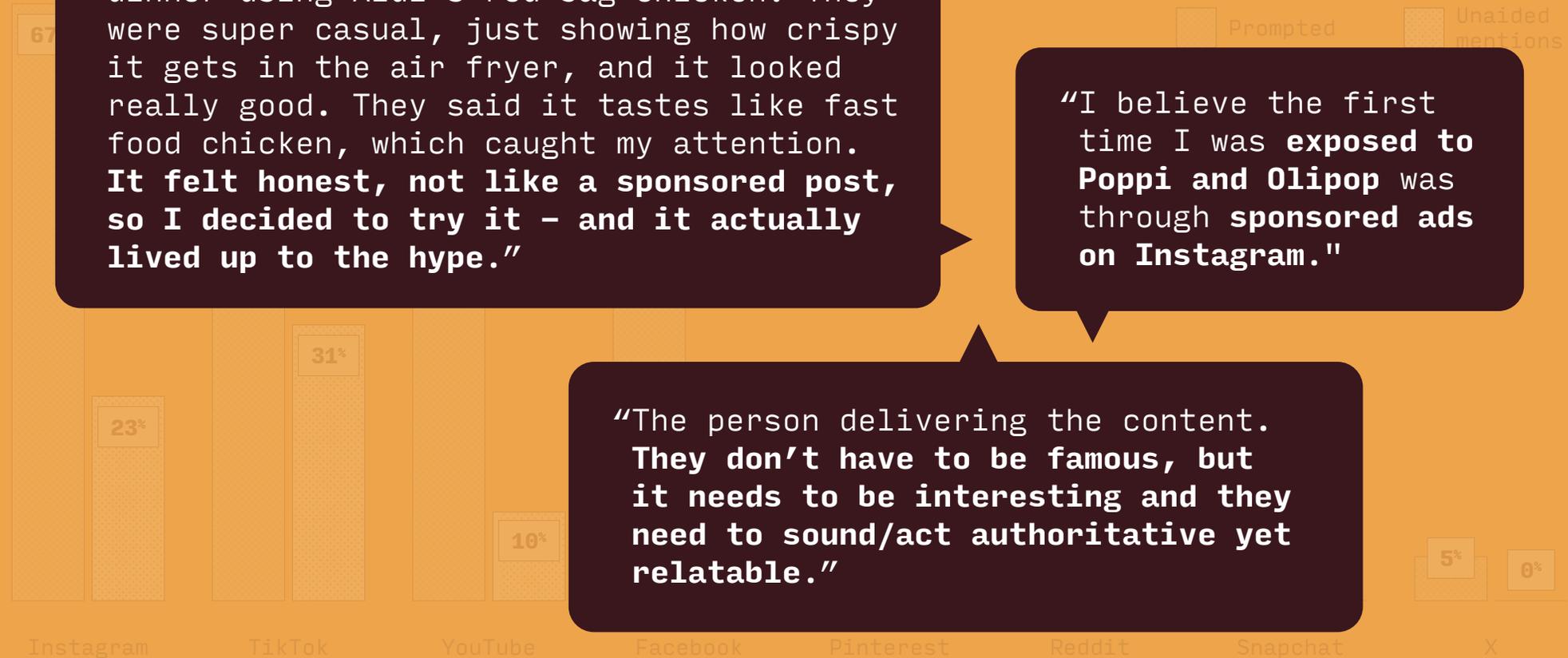
Discovery Through Social



Influential social platforms.



Influential social platforms.



"I saw a TikTok where someone made a quick dinner using Aldi's red bag chicken. They were super casual, just showing how crispy it gets in the air fryer, and it looked really good. They said it tastes like fast food chicken, which caught my attention. **It felt honest, not like a sponsored post, so I decided to try it - and it actually lived up to the hype.**"

"I believe the first time I was **exposed to Poppi and Olipop** was through **sponsored ads on Instagram.**"

"The person delivering the content. **They don't have to be famous, but it needs to be interesting and they need to sound/act authoritative yet relatable.**"

65

- Recipes, reviews, and trends
- Built on authenticity and practicality

billion views

NEWS

Cottage cheese shortage spurred by viral TikTok recipes

The TikTok Feta Effect

Cheese suppliers have been swept up in the video recipe phenomenon known as baked feta pasta.

THE TIKTOK EFFECT IS REAL.

Chef Tini Younger's Impact Goes Way Beyond Mac & Cheese

FOOD & DRINK

Cucumber shortage sparked by viral TikTok recipes: 'A few people can have a lot of influence'

By Brooke Kato

Published Aug. 24, 2024, 1:48 p.m. ET

Comments

1

**IDENTIFY WHERE
YOUR BRAND AND
THESE TRENDS MEET.**



2

PROVIDE A VALUE FOR AUDIENCES.



3

AUTHENTICITY OVER POLISH.



4

TAP INFLUENCERS TO DRIVE PURCHASE CONSIDERATION.



Find the right influencers.

Find the right influencers.
Lean into *their* brand.

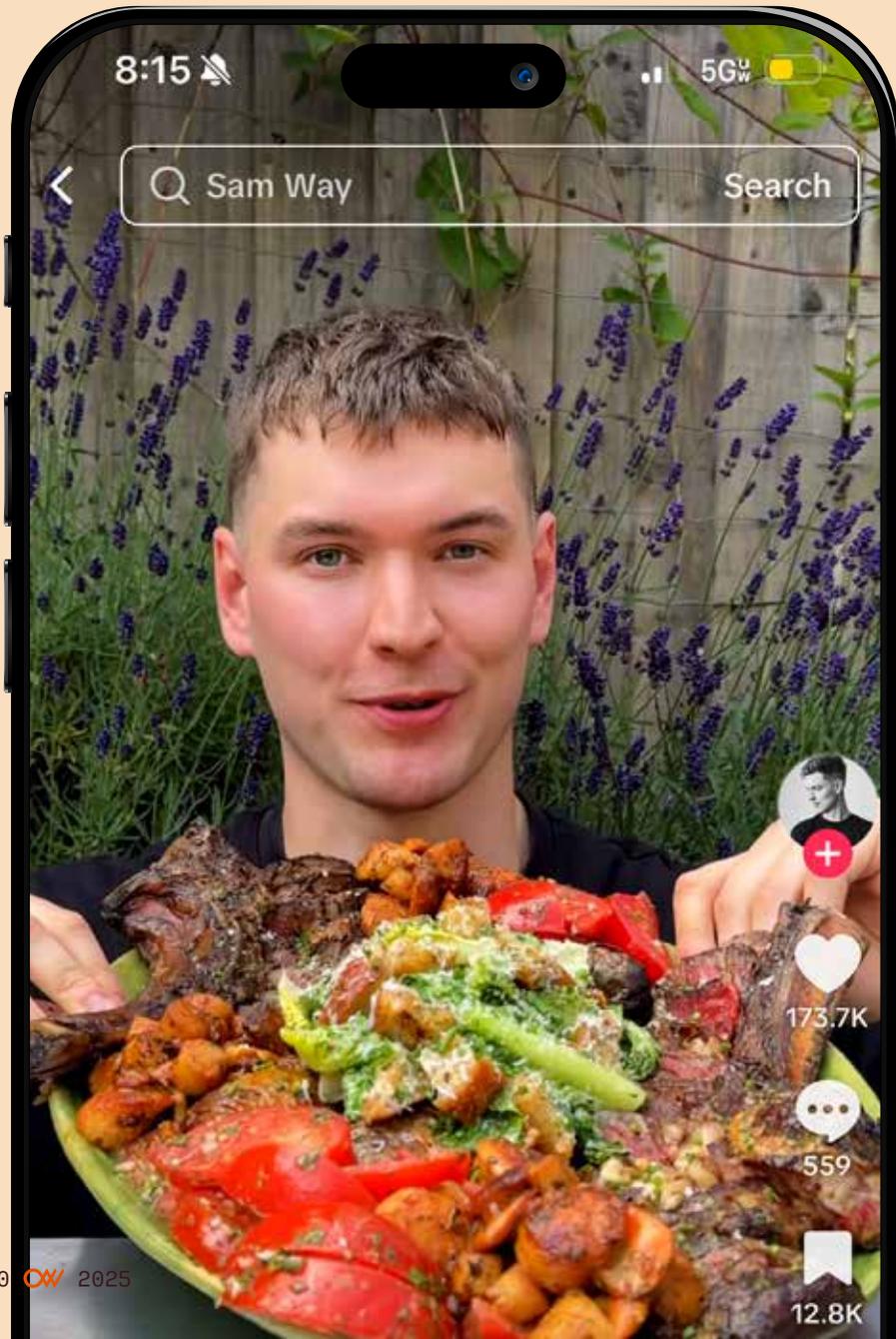
Find the right influencers.
Lean into *their* brand.
And pay them.



**YOU MAY NEED
TO RELINQUISH
SOME CREATIVE
CONTROL (YIKES).**

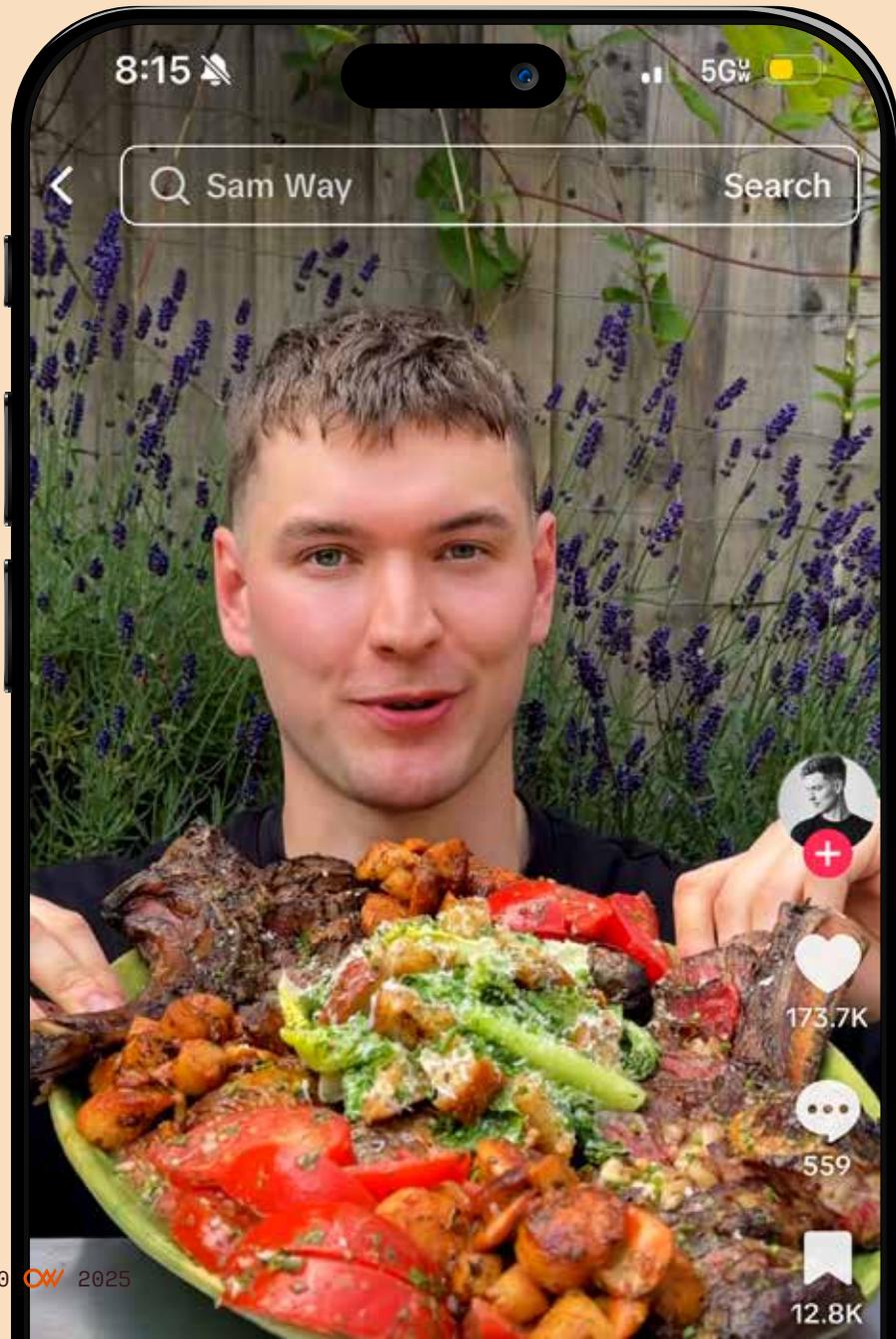


SPEAKING OF THE RIGHT INFLUENCER.



SAM WAY

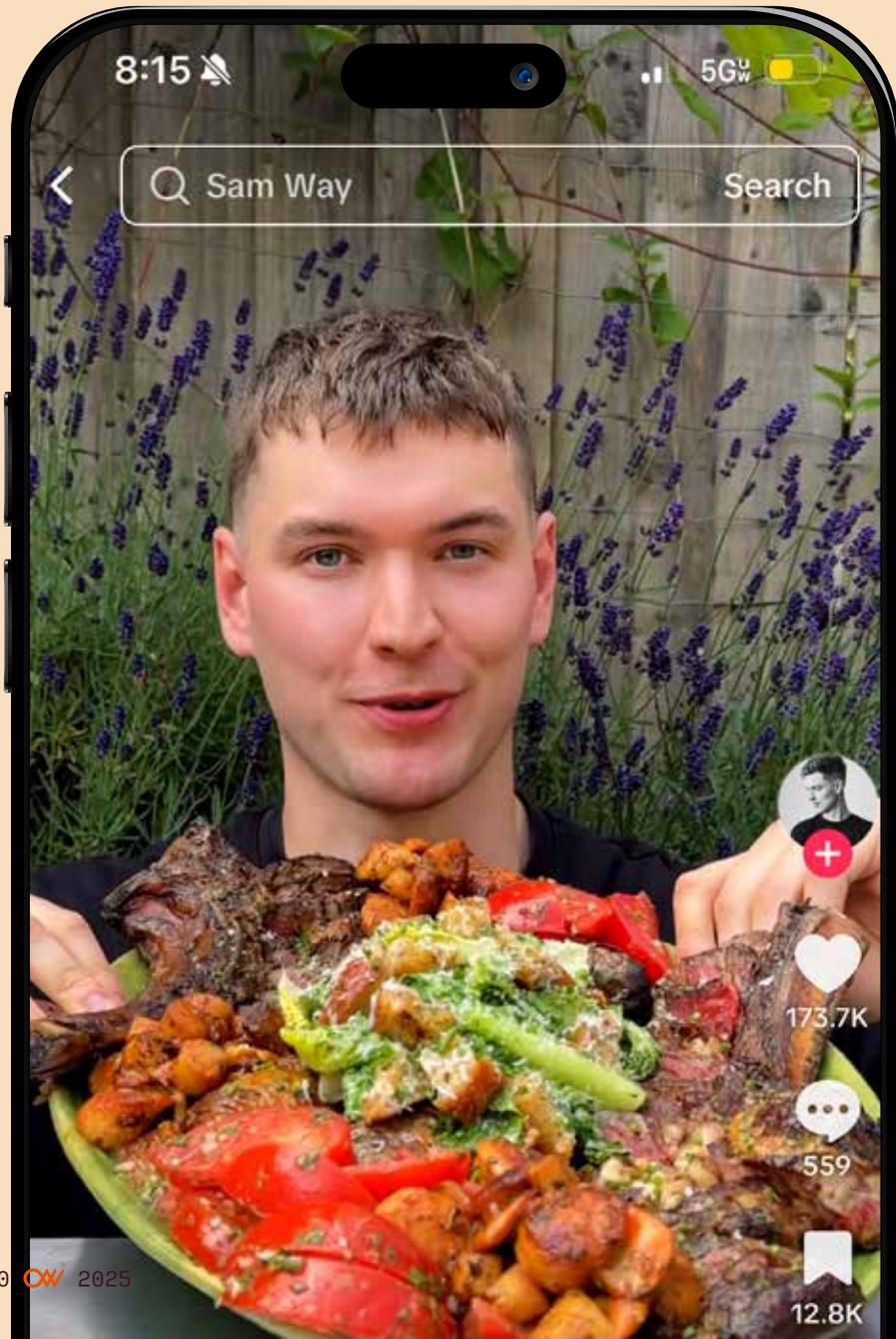
@SAMSEATS



SAM WAY

@SAMSEATS

RELATABLE?

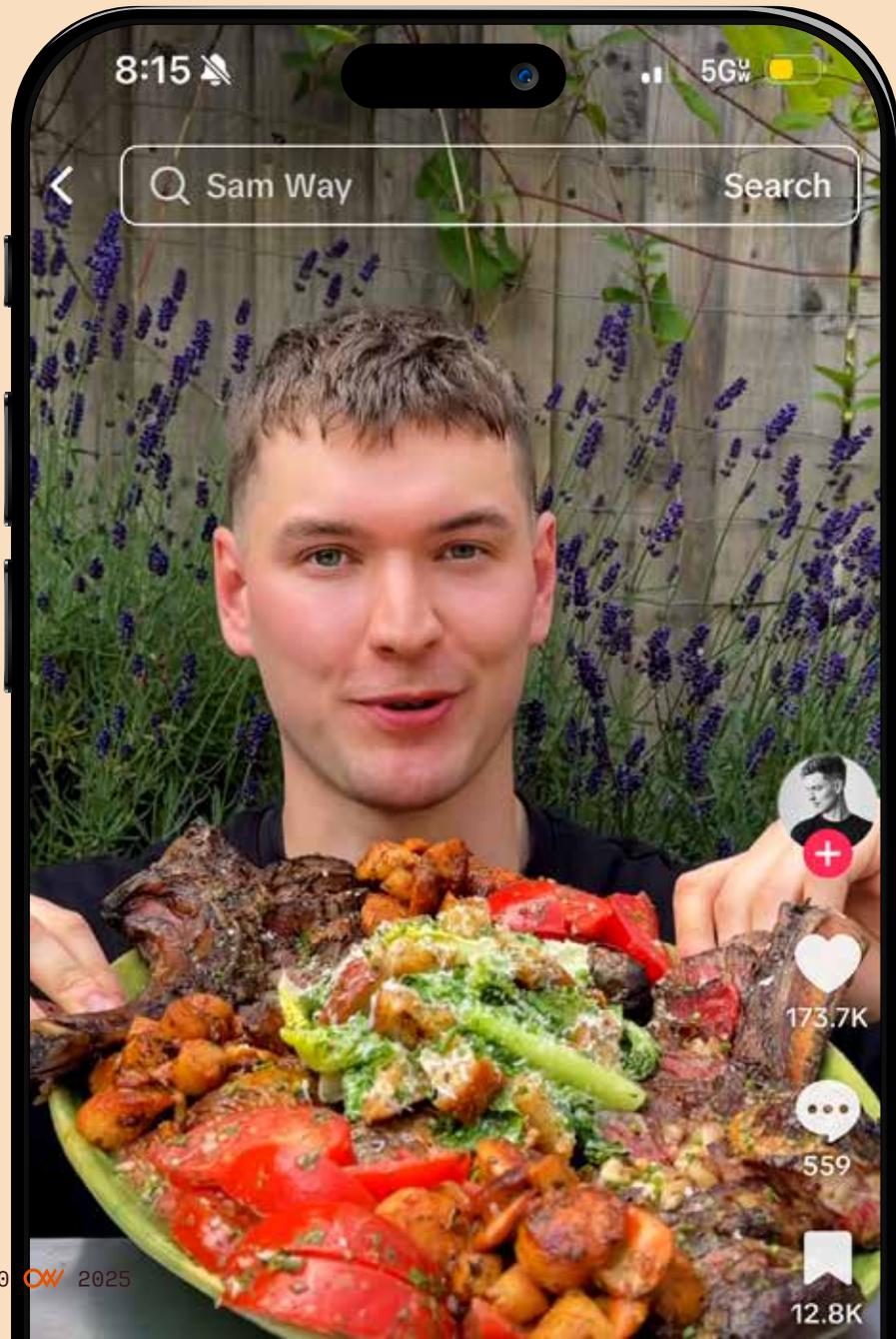


SAM WAY

@SAMSEATS

RELATABLE?





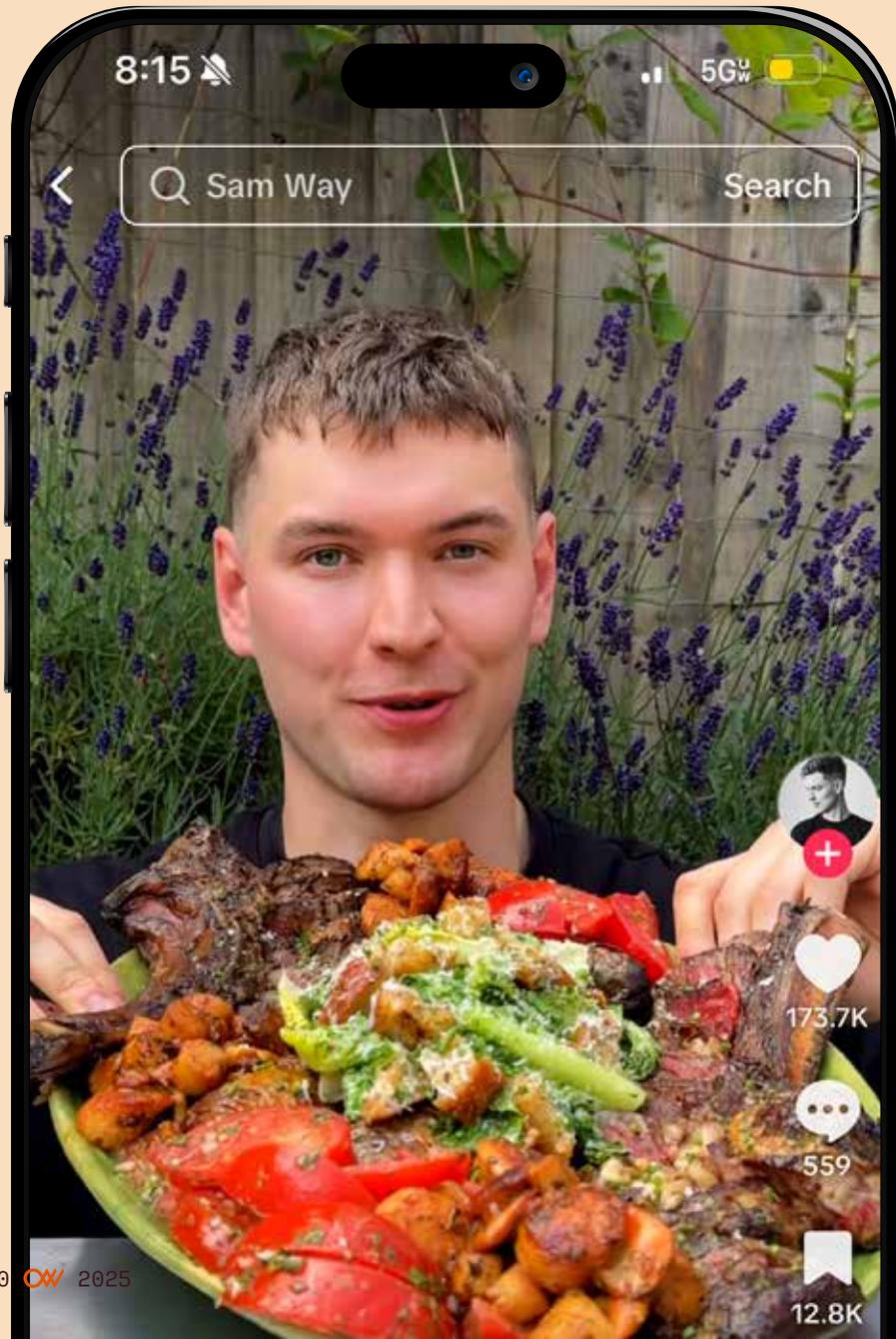
SAM WAY

@SAMSEATS

RELATABLE?

UNIQUE?





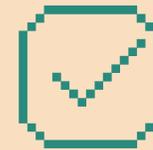
SAM WAY

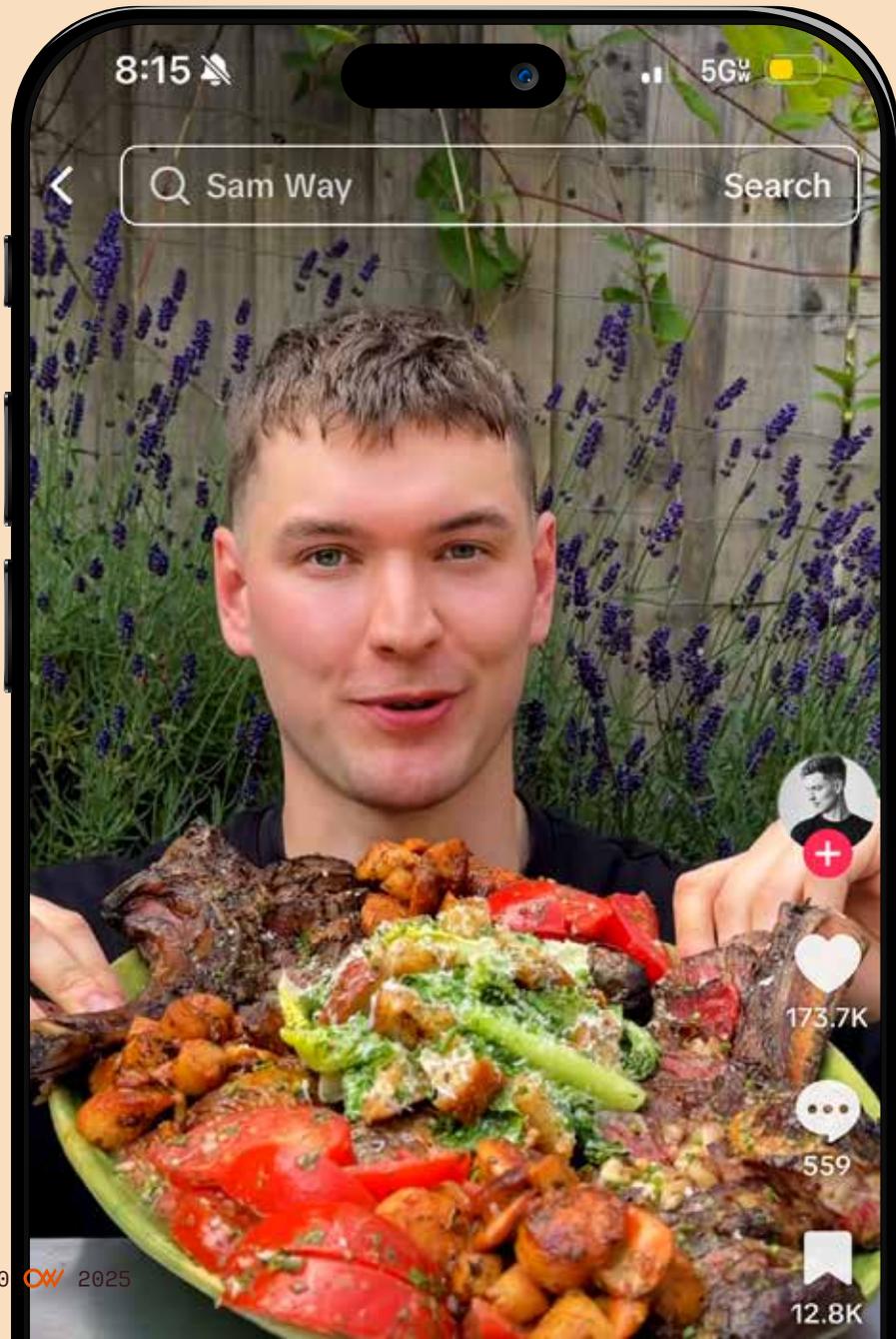
@SAMSEATS

RELATABLE?



UNIQUE?





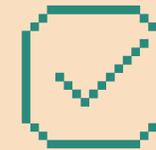
SAM WAY

@SAMSEATS

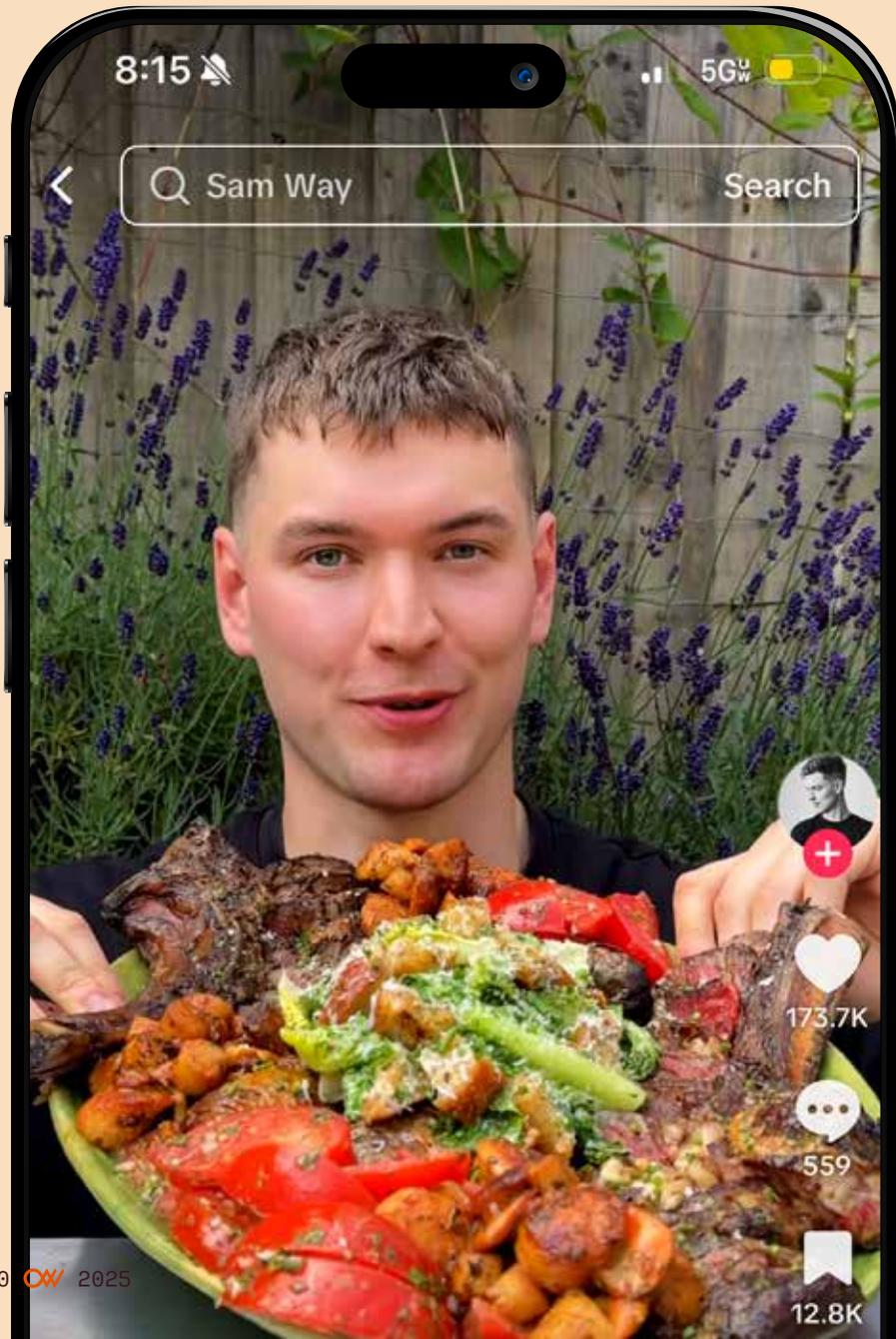
RELATABLE?



UNIQUE?



INGREDIENT
FOCUSED?



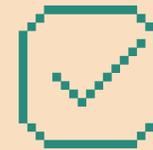
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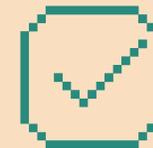
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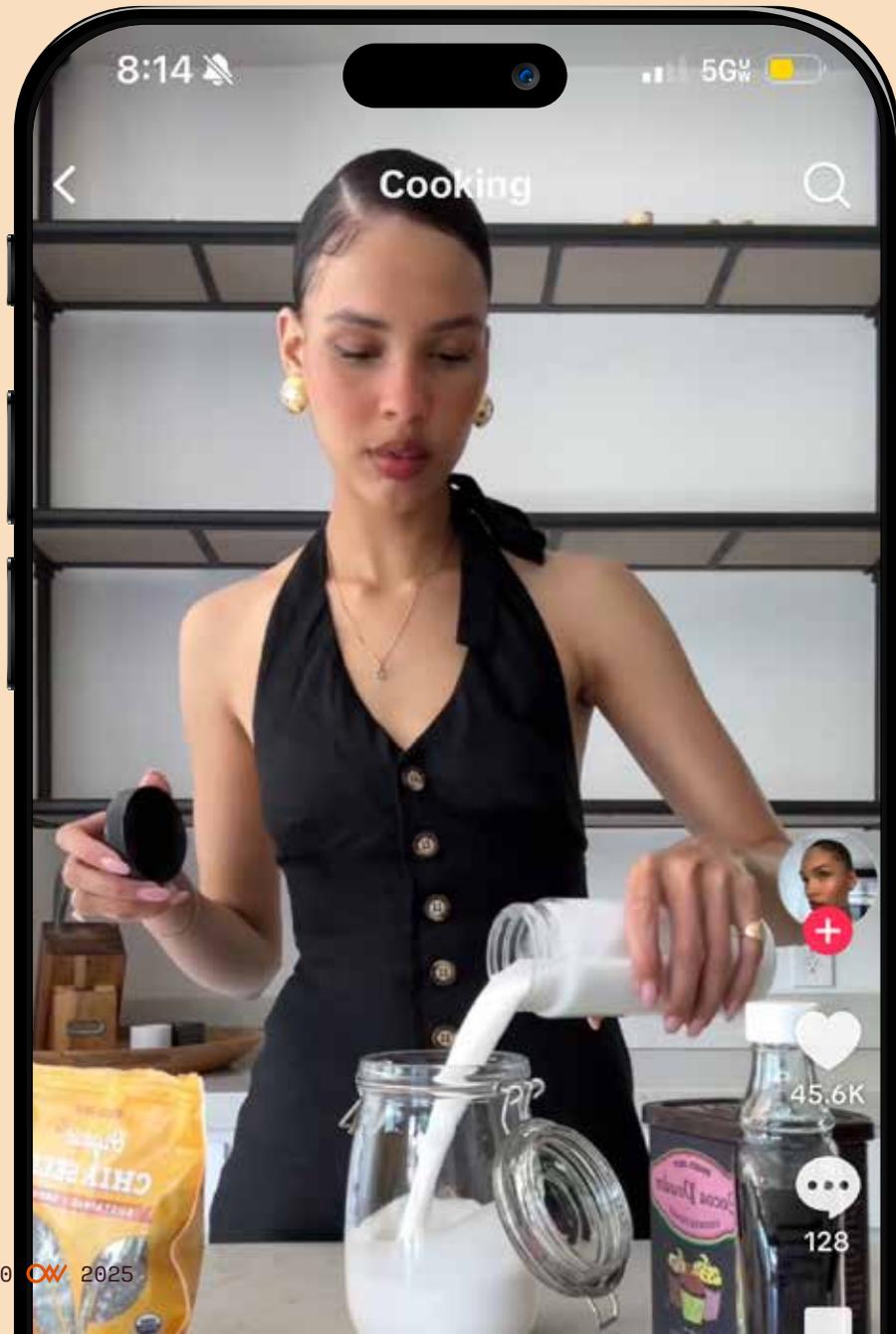


UNIQUE?



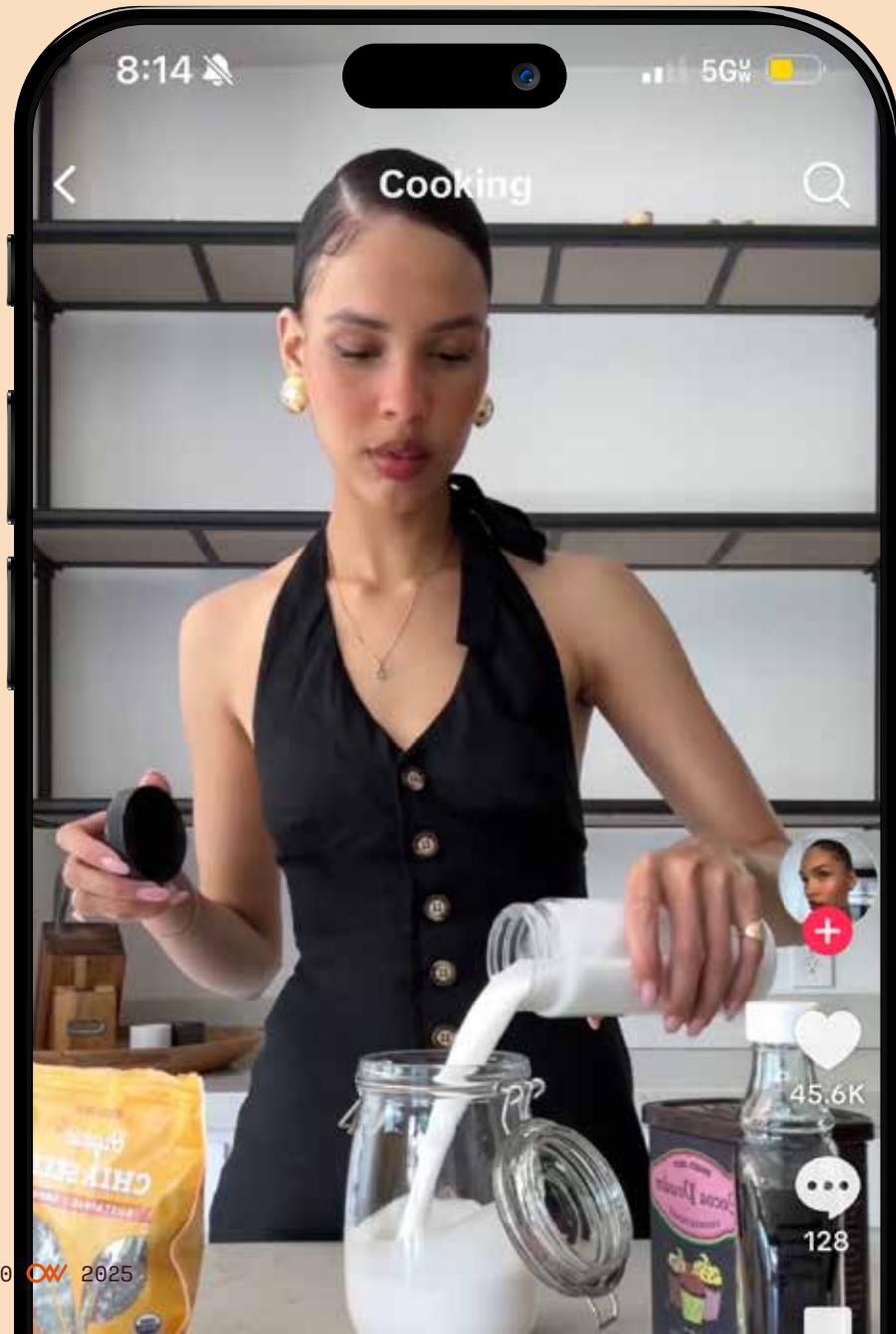
INGREDIENT
FOCUSED?





NARA SMITH

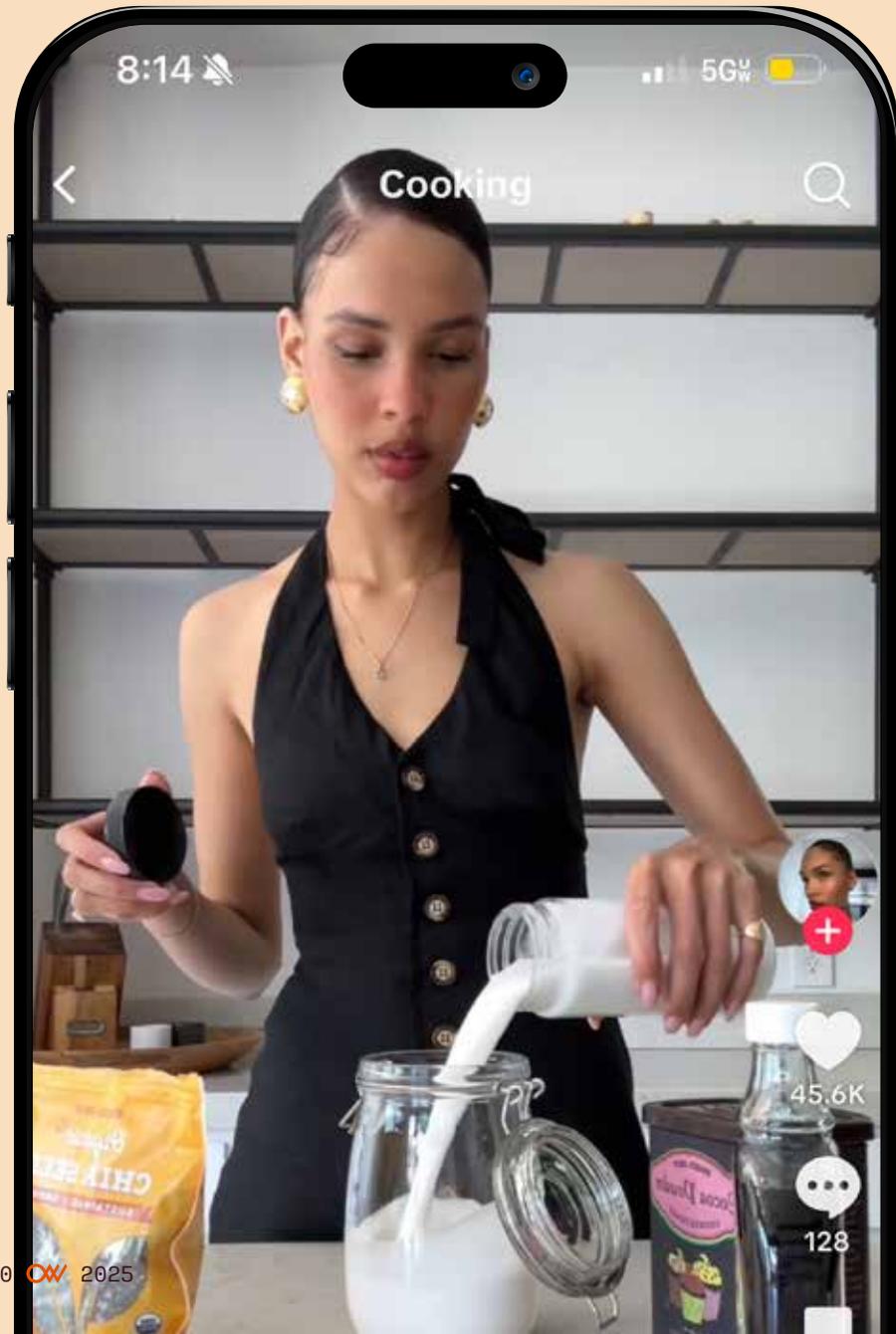
@NARAAZIZASMITH



NARA SMITH

@NARAAZIZASMITH

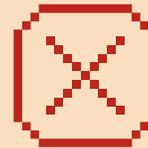
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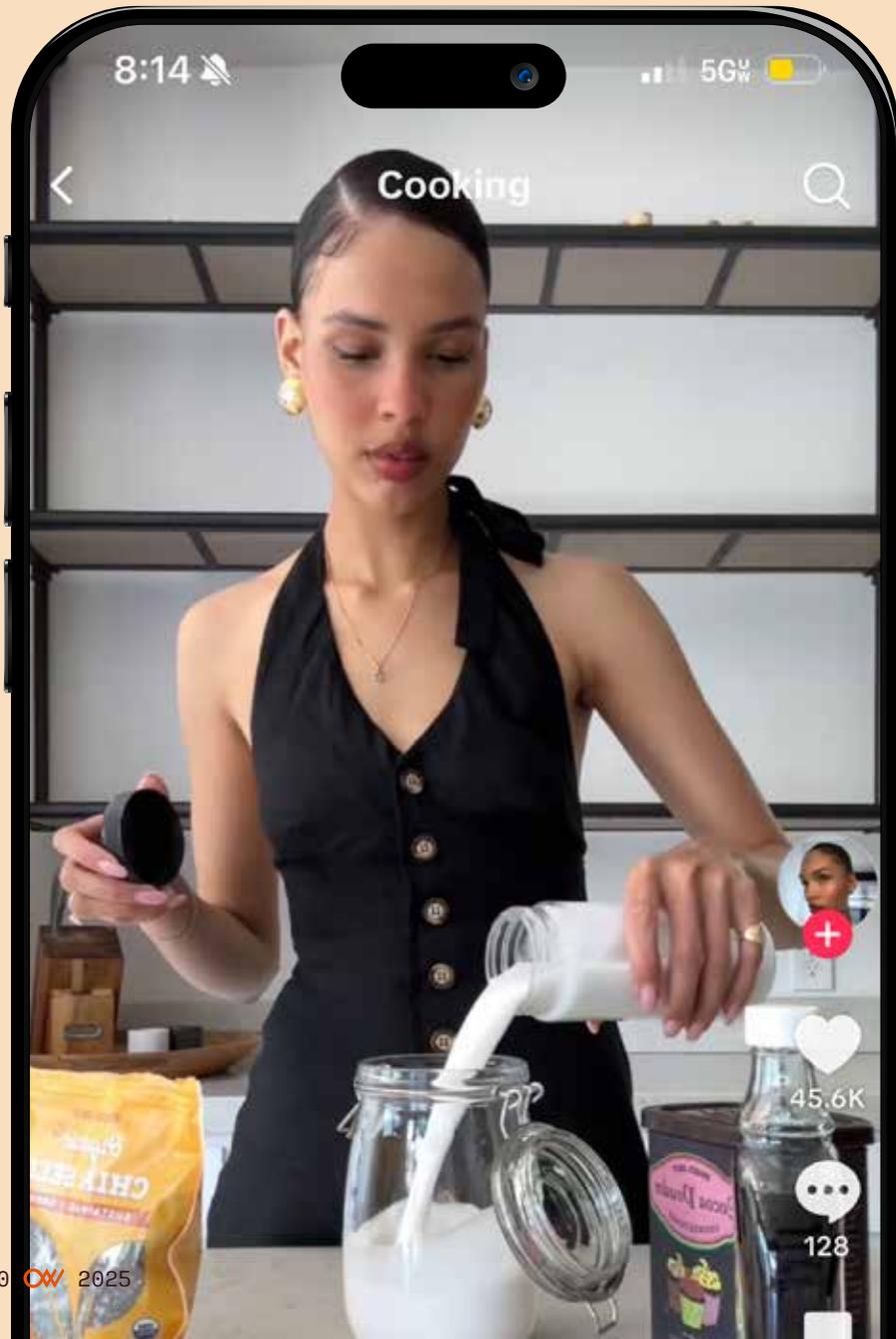


NARA SMITH

@NARAAZIZASMITH

RELATABLE?



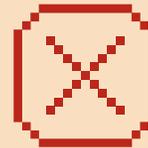


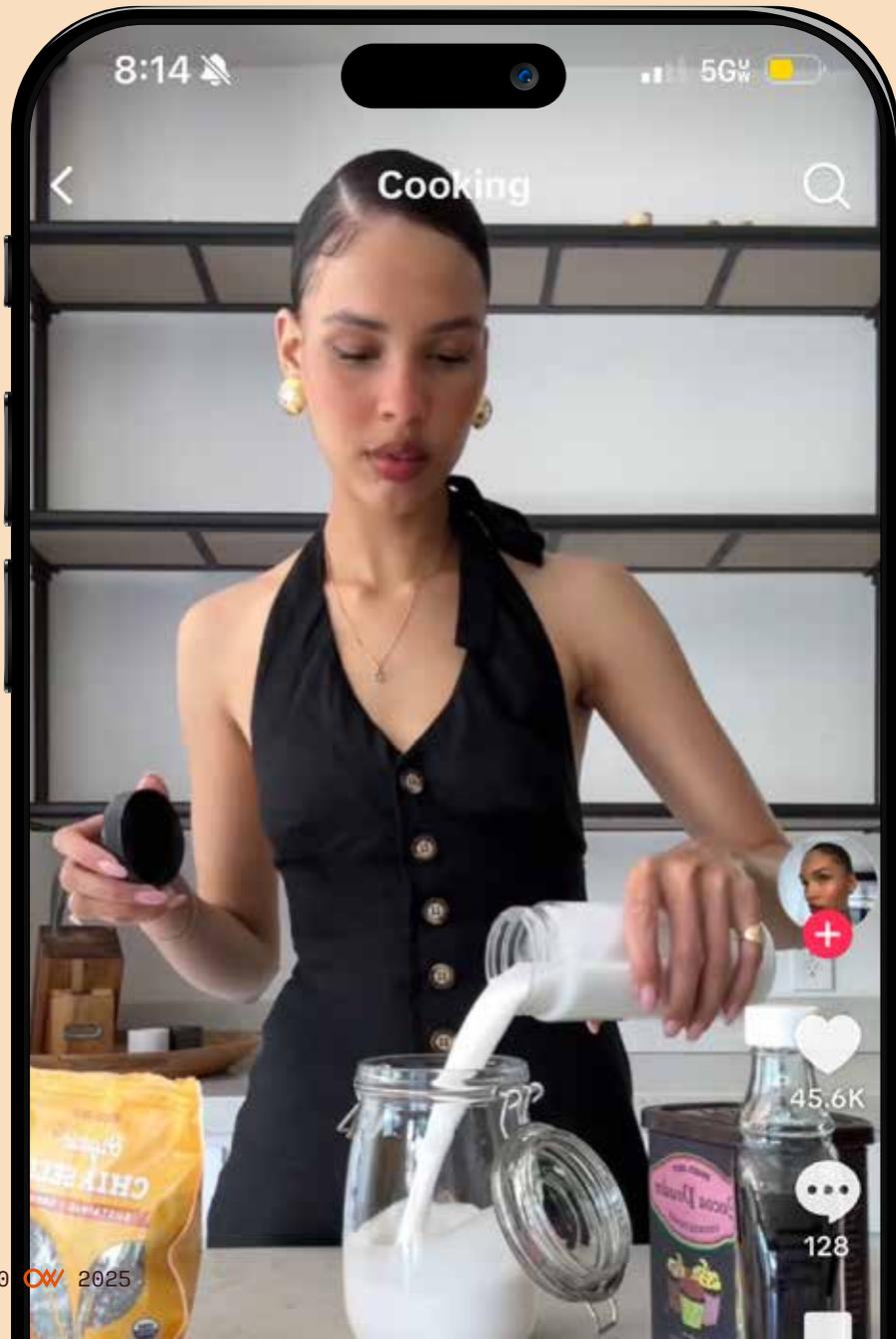
NARA SMITH

@NARAAZIZASMITH

RELATABLE?

PREMIUM?

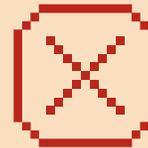




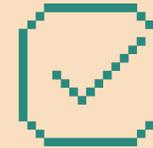
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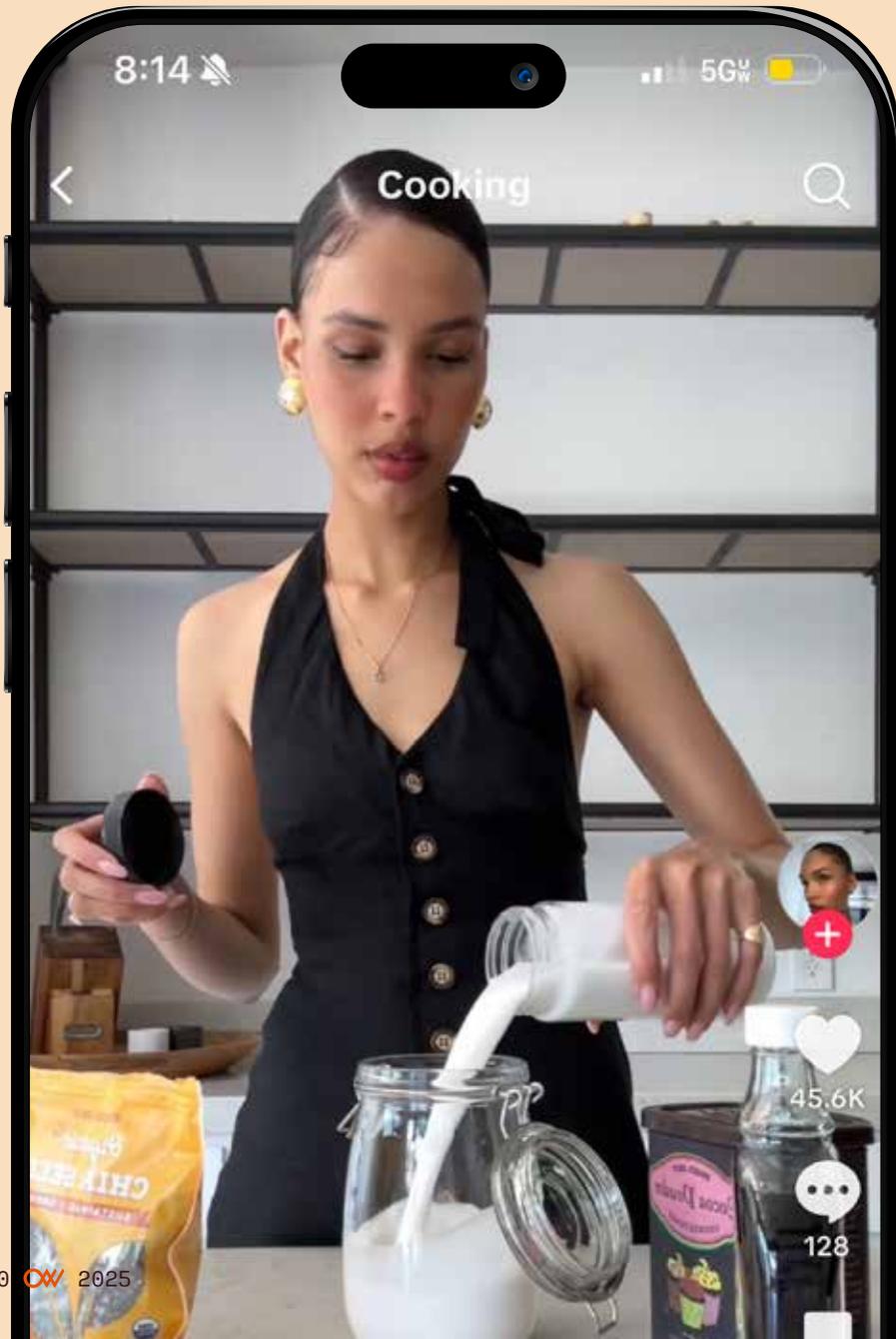
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RELATABLE?



PREMIUM?

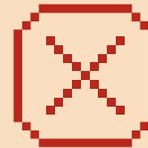




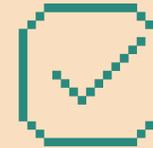
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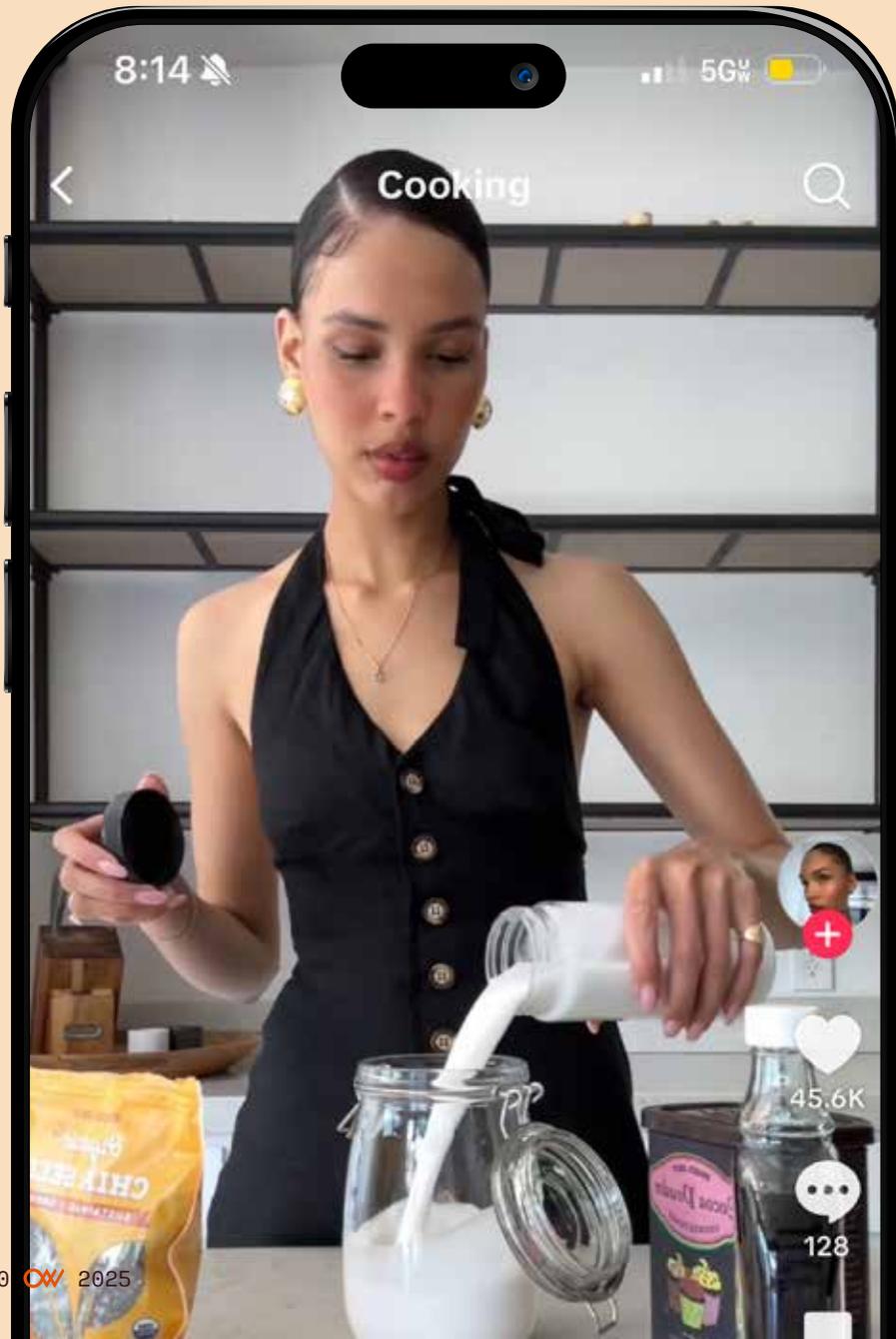
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PREMIUM?



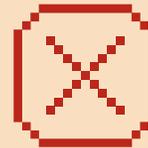
TALK FACTOR?



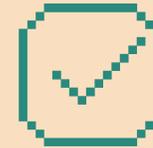
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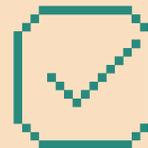
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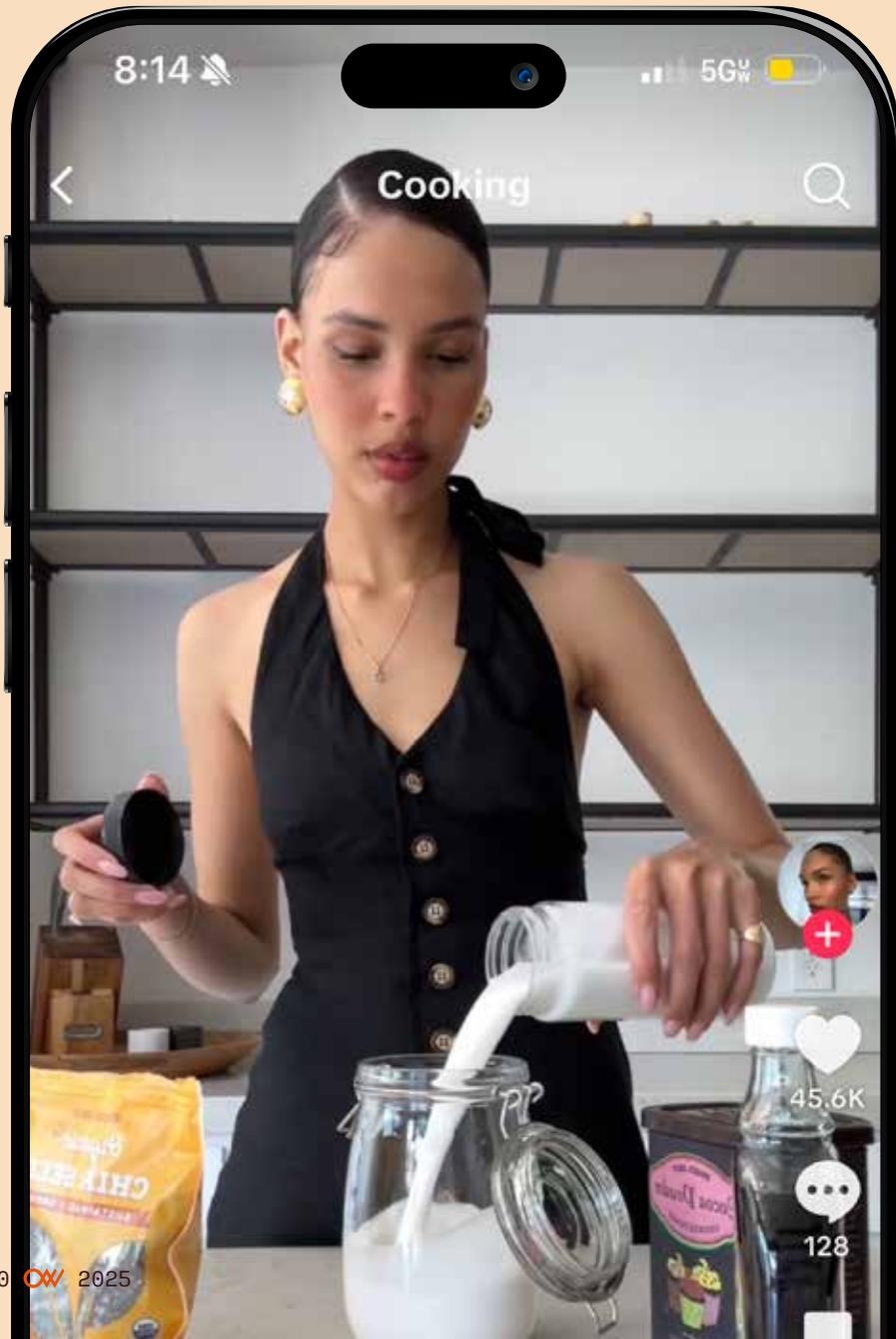


PREMIUM?



TALK FACTOR?

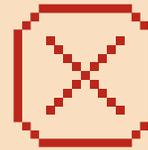




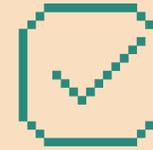
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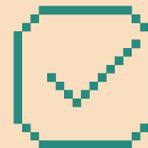
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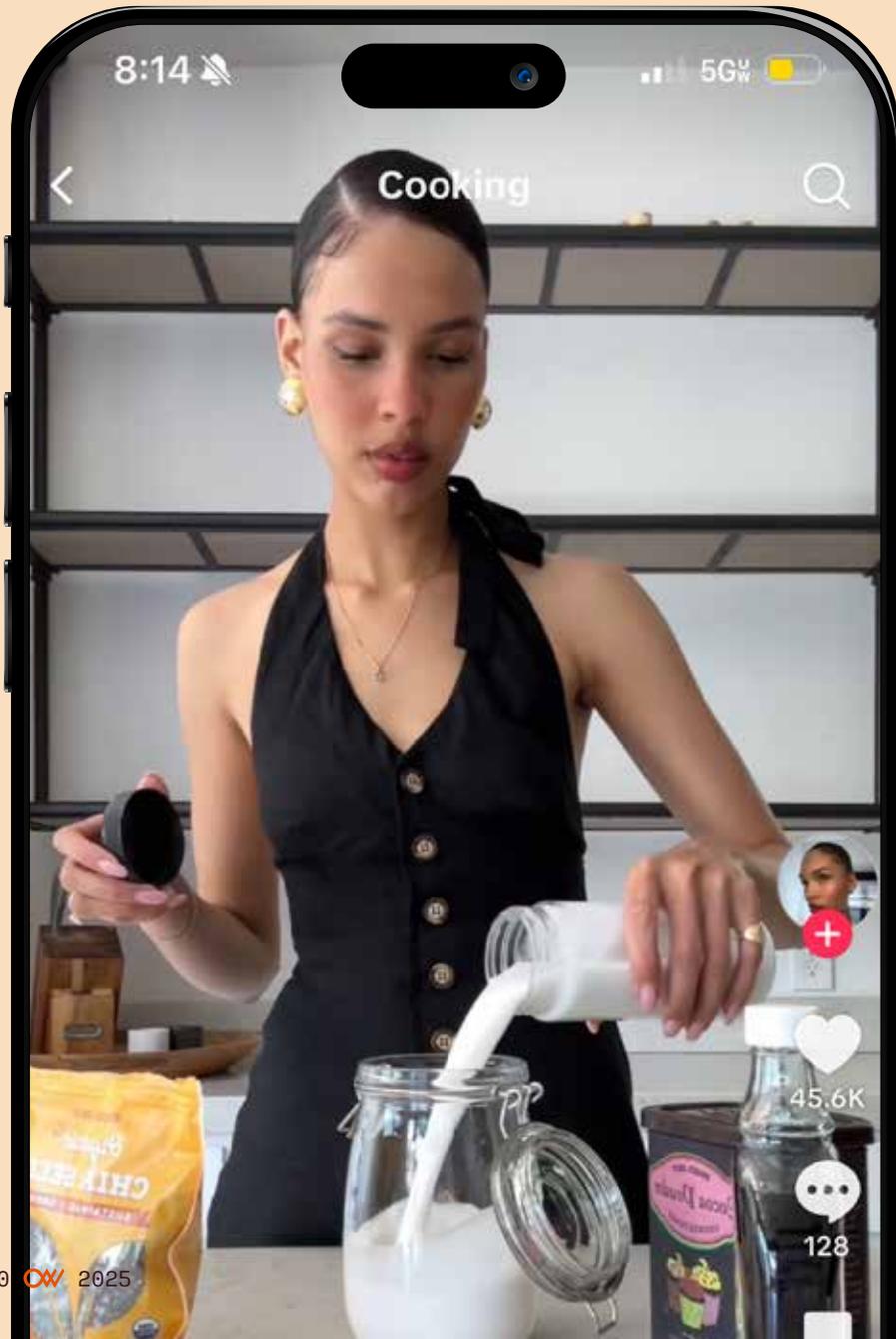
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TALK FACTOR?



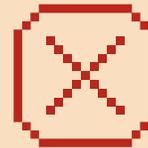
HIGH ENGAGEMENT?



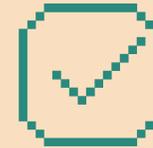
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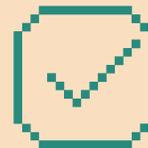
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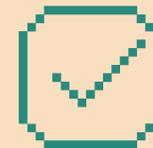
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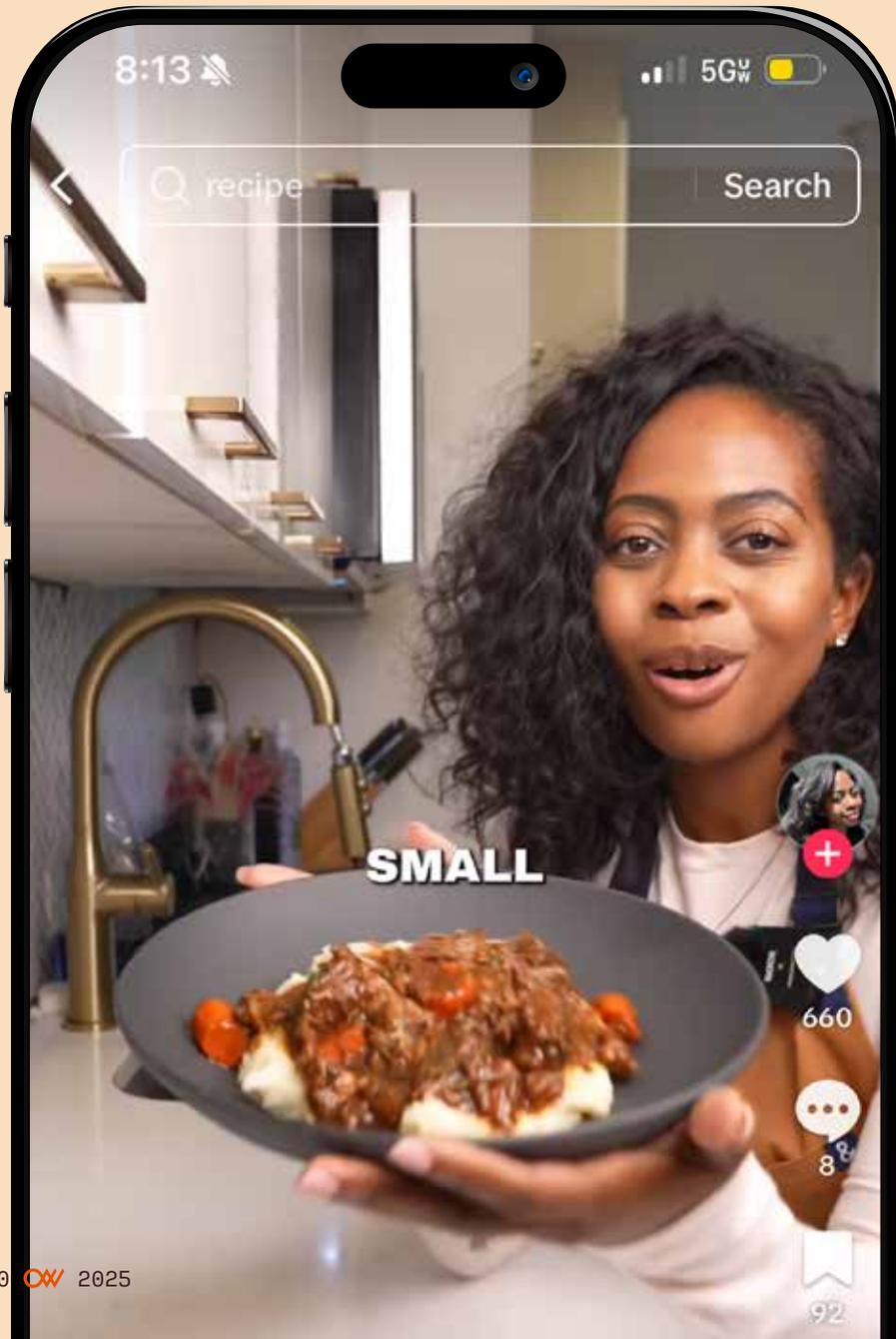


TALK FACTOR?



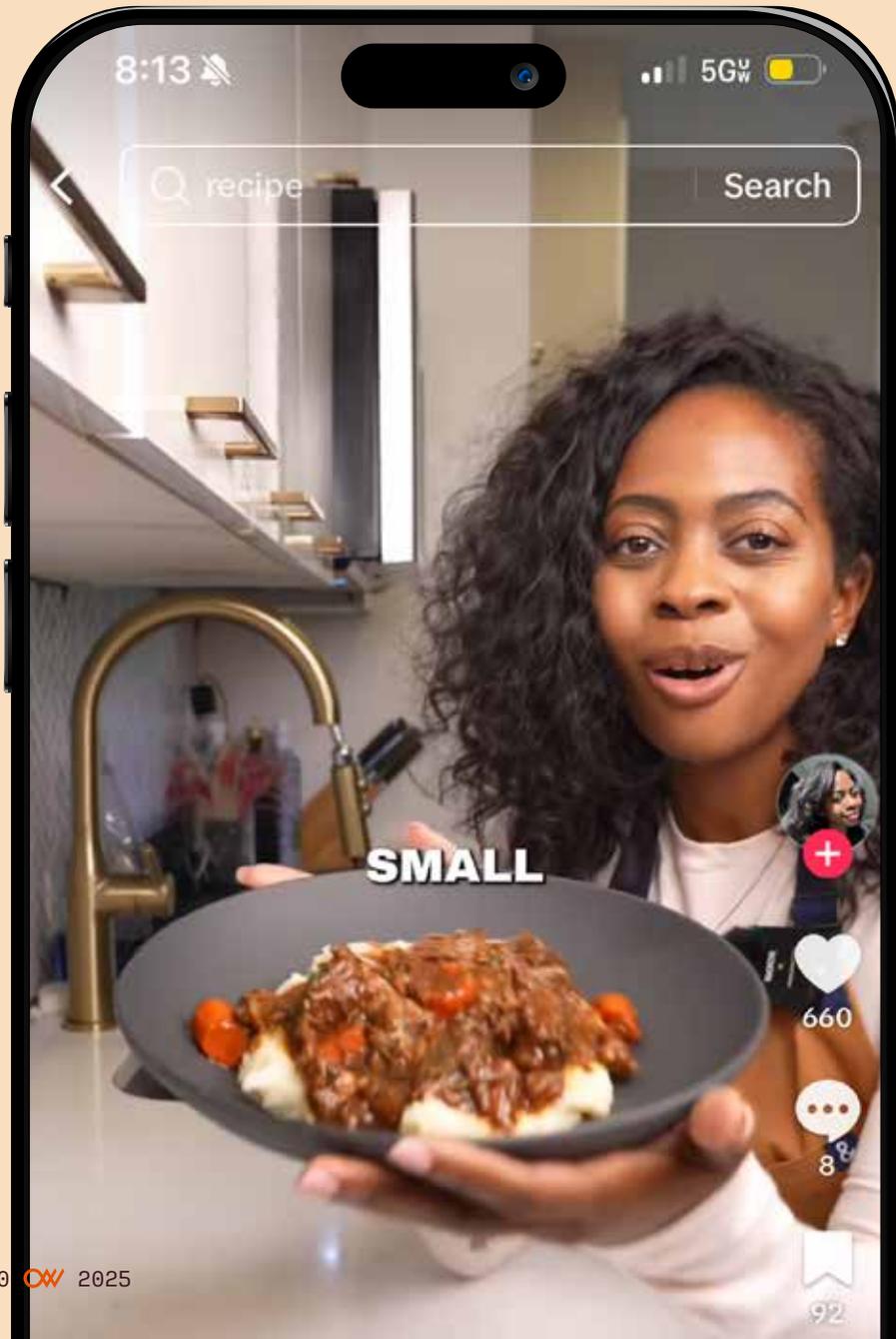
HIGH ENGAGEMENT?





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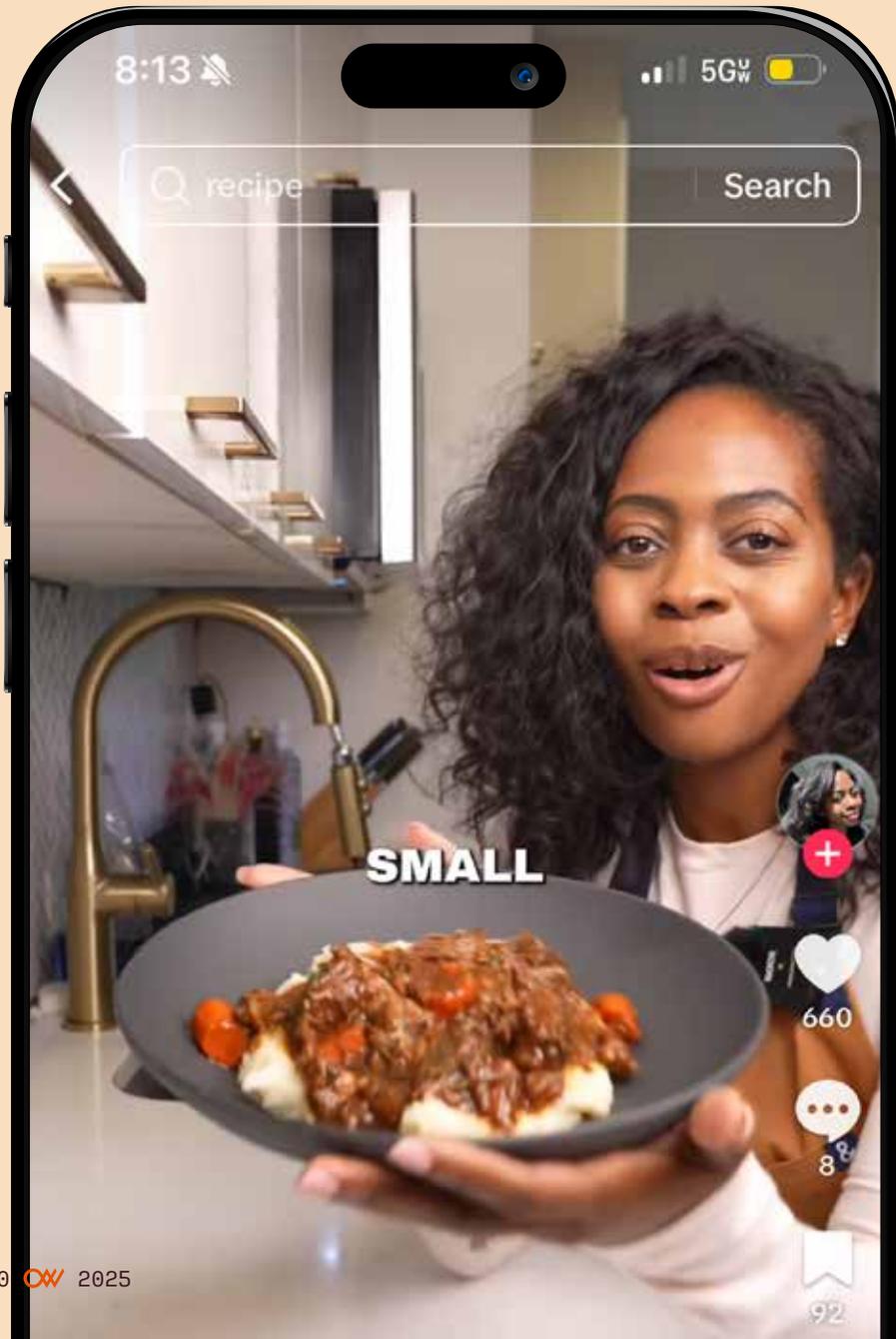
@THERES.FOOD.AT.HOME



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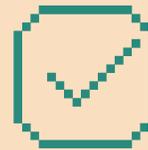
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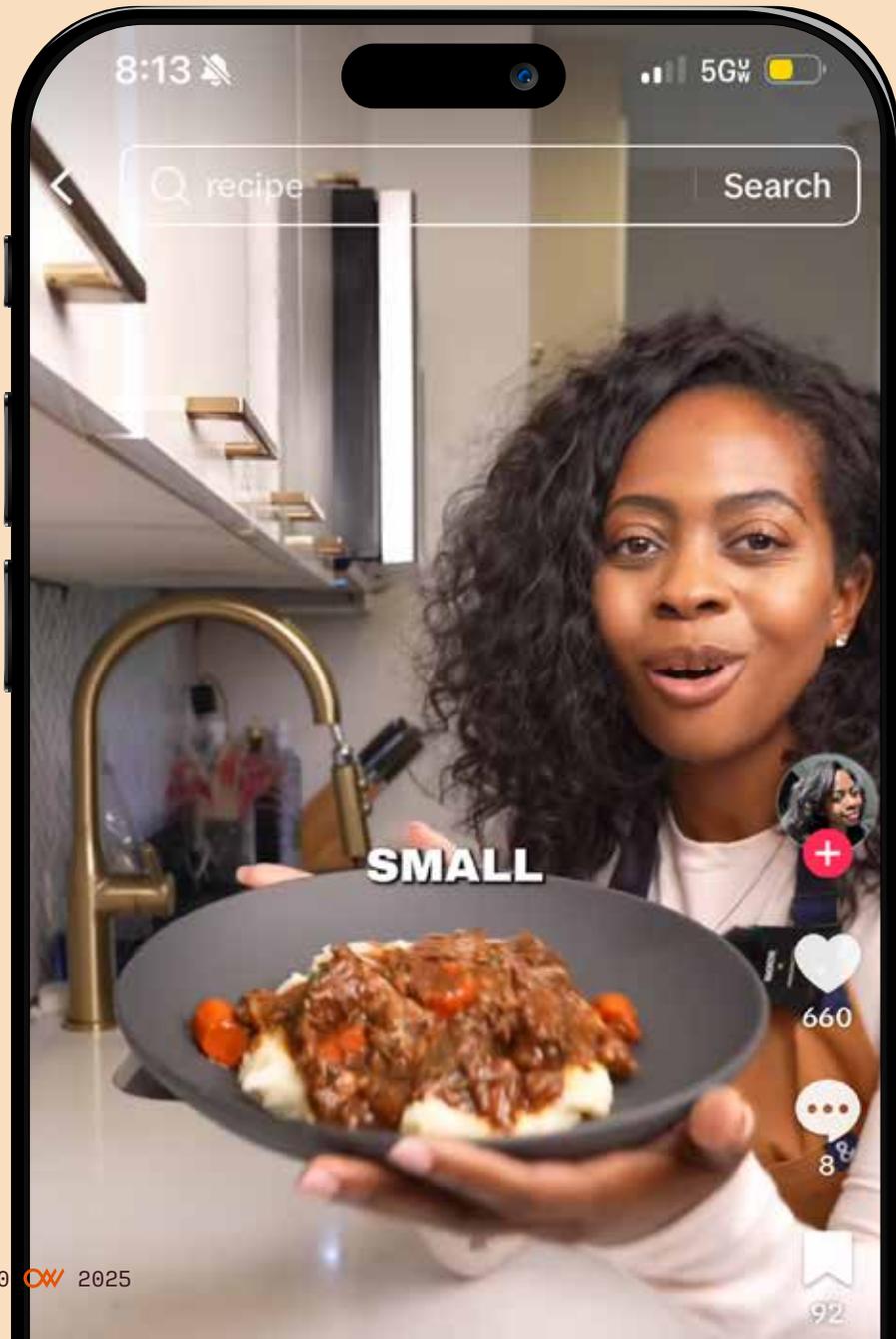


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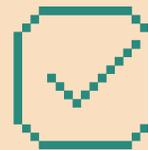


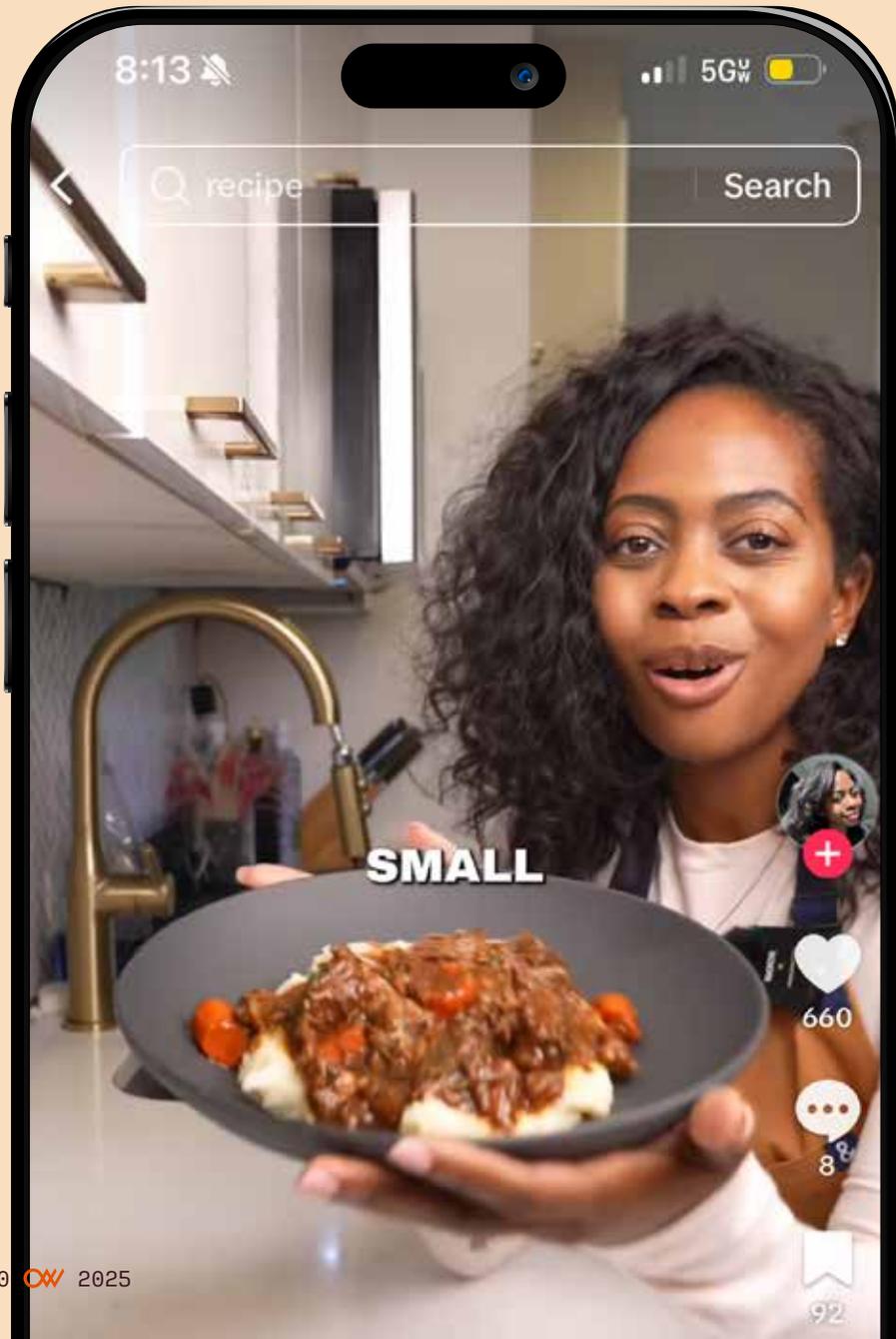
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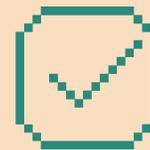




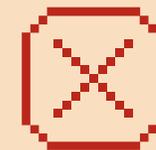
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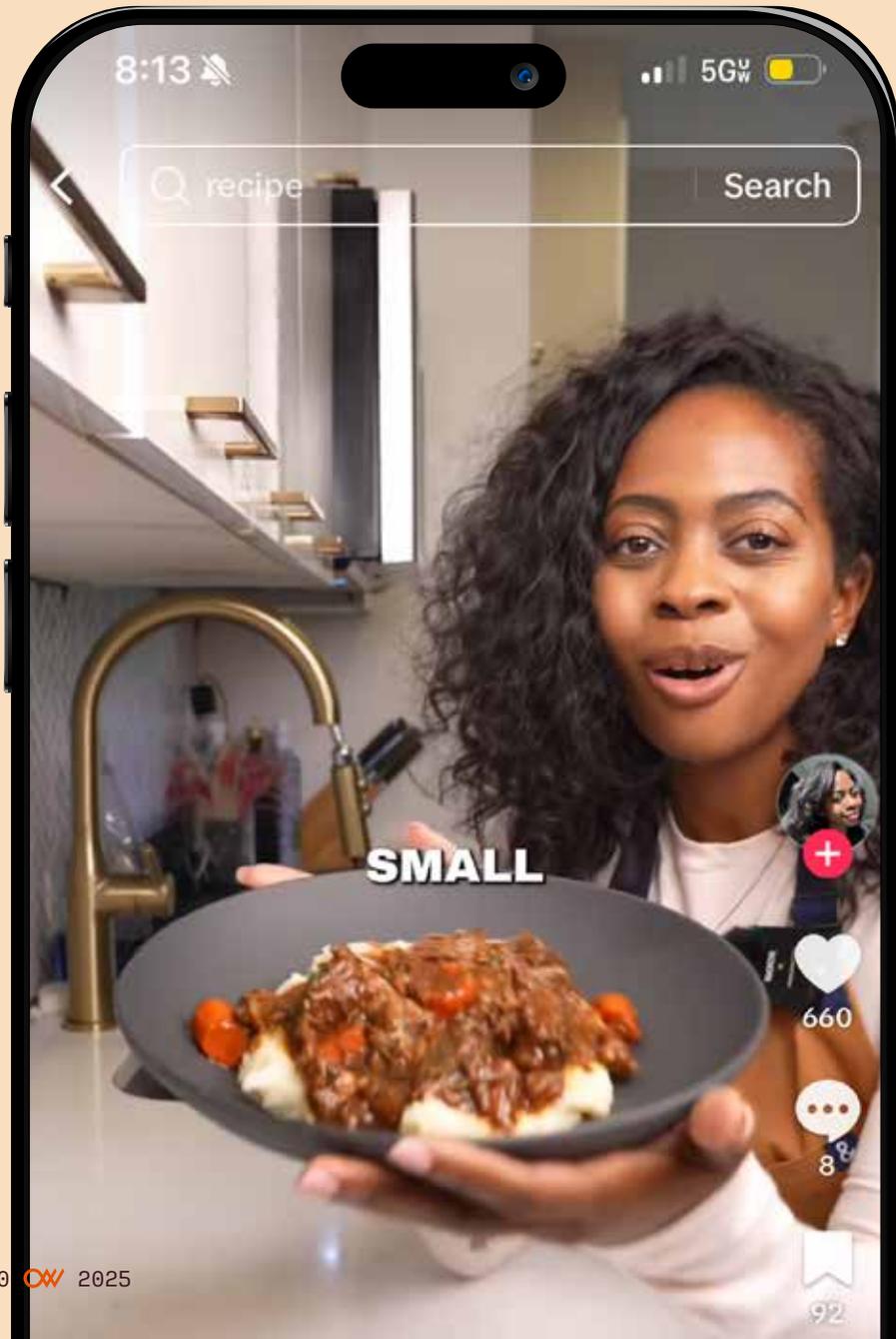
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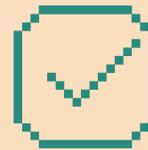




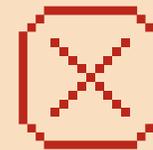
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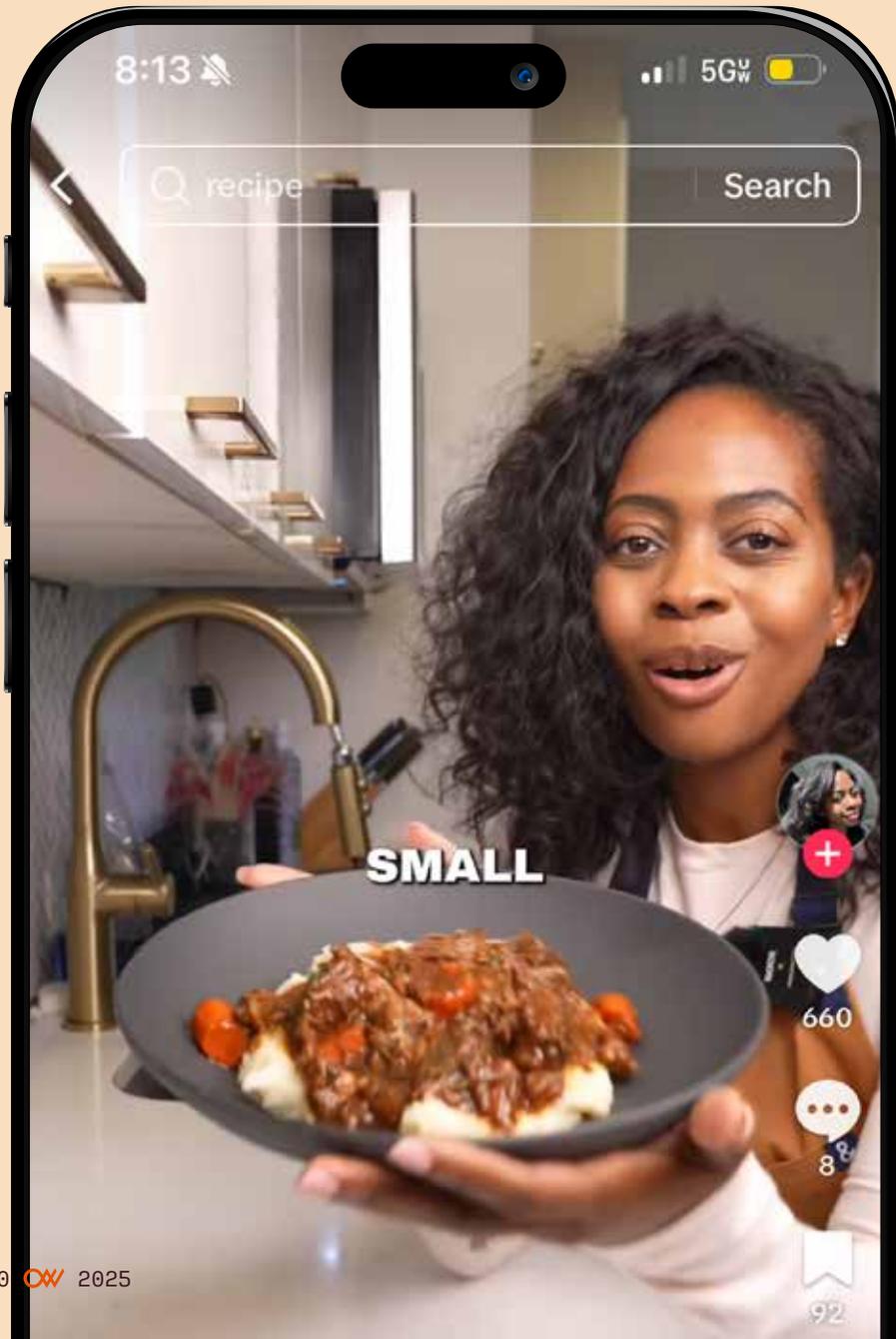
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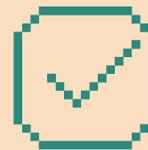
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DEEP DIVE?



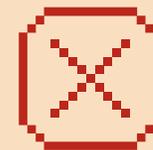
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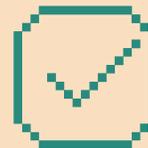
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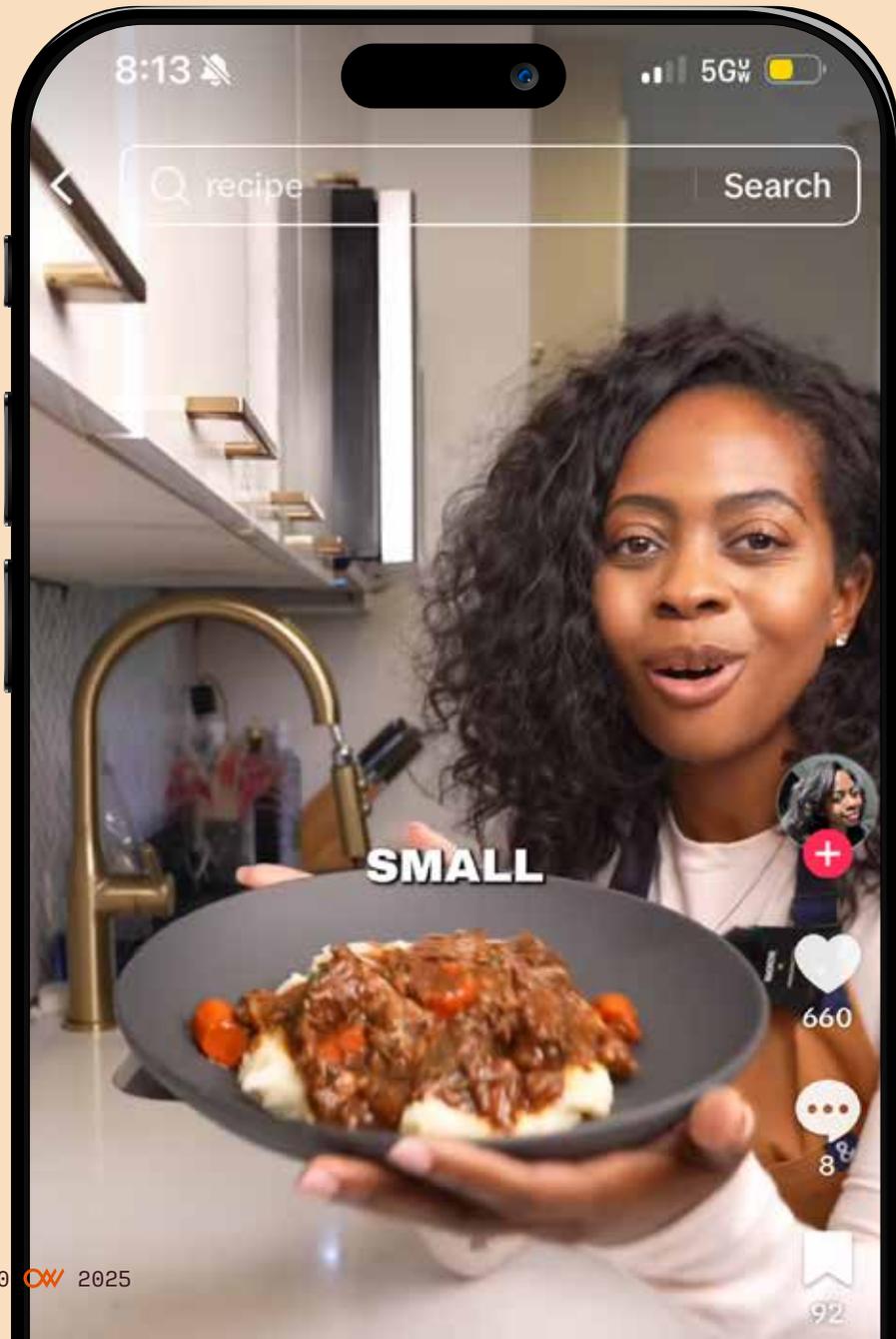


PREMIUM?



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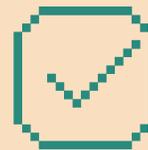




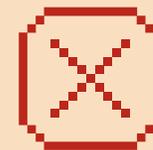
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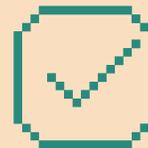
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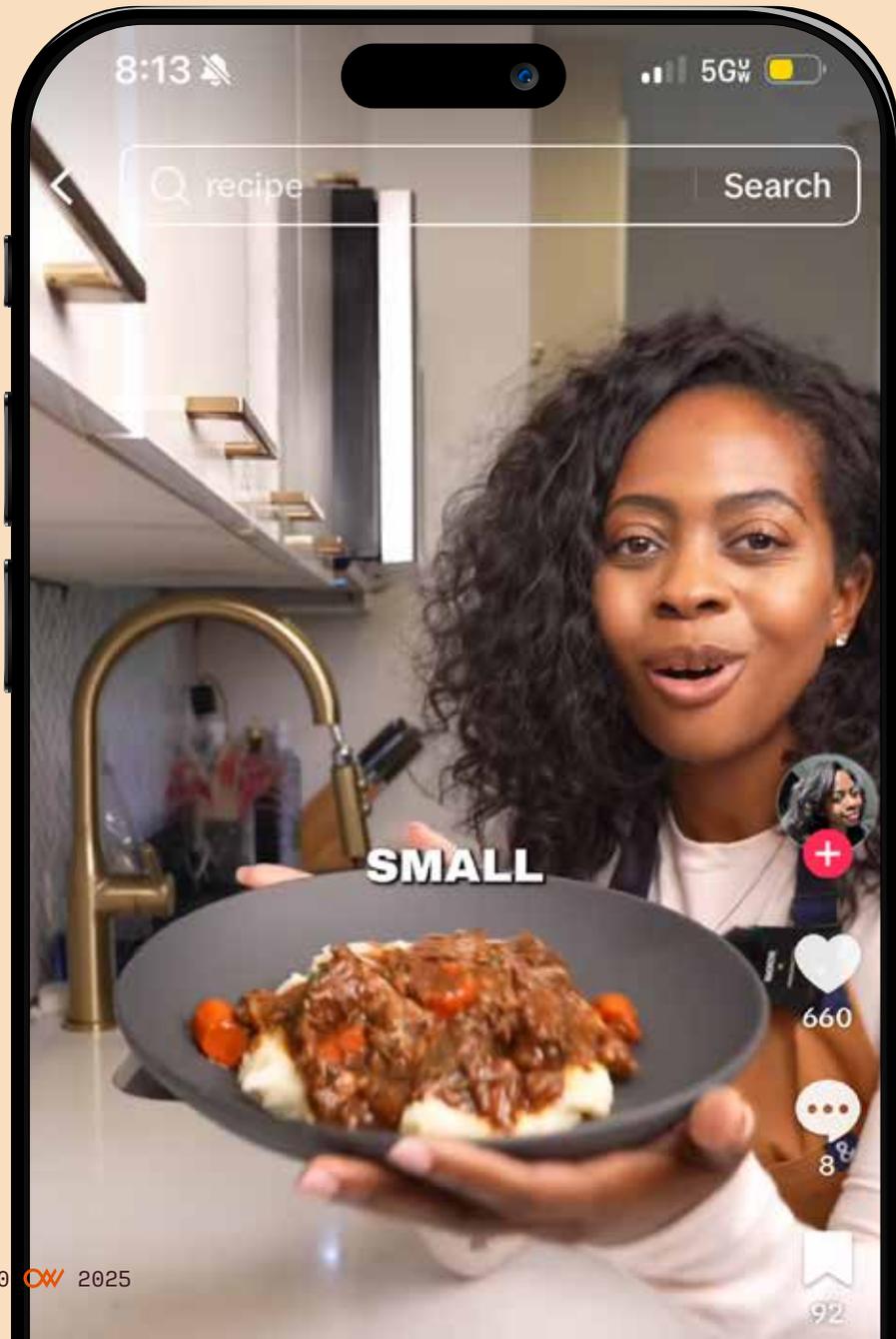
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BRAND
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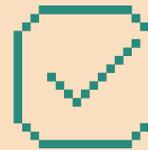
IN-STORE?



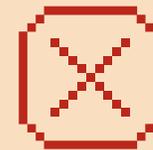
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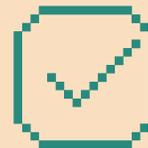
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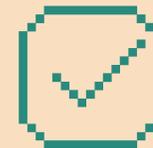
PREMIUM?



BRAND
DEEP DIVE?



IN-STORE?





**YES
SUP, CHEF.**

A close-up portrait of Alex Dispence, a man with a beard and a black baseball cap, wearing a white t-shirt. The background is a dark blue gradient.

MEET

**ALEX
DISPENCE**
(AKA @SUPCHEF)

Dollars

Cents

BRANDS RING THE REGISTER. AGAIN AND AGAIN.

QUESTIONS?

THANK



YOU!

**GET
THE
DECK.**

